

## Saturday Is Stamp Out Hunger Day

JOSEPH A. GRIFFO May 8, 2013

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State Senator Joseph A. Griffo (R-C-IP, Rome) is encouraging everyone in our community to join this year's National Association of Letter Carrier's (NALC) Stamp Out Hunger food drive. On Saturday, May 11th, letter carriers in our communities will continue their tradition of collecting food along their normal route to help restock community food banks, pantries and shelters.

Now in its 21<sup>st</sup> year, this program is designed to help local families who rely on this assistance throughout the summer and is part of what is now the largest one-day food collection in the nation.

According to the NALC, those wishing to participate should donate non-perishable items such as canned meat and fish, soup, bottled juice, pasta, vegetables, cereal and rice. The NALC asks residents to avoid donating any items that have expired or those in glass containers.

For residents who decide to make their donation from their home, items will be collected during normal mail routes. All donations should be placed by the mailbox or the front door to allow for easy pickup.

While most post offices are participating in the program, residents are encouraged to check with their personal mail carrier. Residents can also visit click here for more information or visit the Facebook page by clicking here for more information on this program.

"This is a truly massive undertaking by the men and women of the United States Postal Service who volunteer their time to this effort in order to help people in the communities that they serve. They all deserve our appreciation and thanks," said Griffo. "Throughout the years, this event has provided so much hope for those in our community who are in need and we encourage everyone who is able to participate in this effort to help Stamp Out Hunger."