



NEW YORK STATE SENATOR

Patty Ritchie

Calling All Seniors: Ritchie to Host St. Lawrence County Health and Wellness Fair

PATTY RITCHIE October 17, 2013

| ISSUE: **AGING, SENIOR CENTERS, EPIC (ELDERLY PHARMACEUTICAL INSURANCE COVERAGE PROGRAM), SENIORS**



Event to Take Place October 23rd in Ogdensburg

State Senator Patty Ritchie will offer area seniors tips for living healthy, active lifestyles at her annual St. Lawrence County Senior Health and Wellness Fair, taking place on Wednesday October 23rd at the Ogdensburg Oddfellows Hall.

[CLICK HERE TO PRE-REGISTER \(IT SAVES TIME ON THE DAY OF THE EVENT!\)](#)

The free event—which runs from 11:00 a.m. to 2:00 p.m.—will feature dozens of local organizations, offering health screenings, giveaways, and flu shots as well as lunch and entertainment, both sponsored by Senator Ritchie. Those looking to receive a flu shot are reminded to bring their Medicare and insurance ID to the event.

“In the past two months, I have hosted more than 1,300 seniors at my Health and Wellness Fairs in Jefferson and Oswego Counties,” said Senator Ritchie.

“This event promises to be just as successful in giving our local seniors access to important information that can help them become healthier and improve their well-being.”

Senator Ritchie will host the following organizations at her October 23rd event:

AARP, Inc. – St. Lawrence County Chapter #2831

Alzheimer’s

American Red Cross of NNY

Canton-Potsdam Hospital

Cap Tel

CareGivers

Claxton-Hepburn Medical Center

Community Action Planning Council

Cornell Cooperative Extension

Dr. Angela Rufa, D.C.

Fidelis Care

Healthconnections

Healthy Way

IslandView Funeral Services

Kinney Drugs – providing flu shots

Massena Independent Living Center

McLear's Hearing Aids

NY StateWide Senior Action Council North Country Chapter

North Country Library System

Northern Physical Therapy

NYS Funeral Director Association

NYS Office of the Attorney General

Ogdensburg Volunteer Rescue Squad

Ogdensburg Public Library

Path Stone

Rural Law Center

Sam's Club

Seaway Valley Council for Alcohol/Substance Abuse Prevention, Inc.

Seniors Helping Seniors

SLC NYSARC Operation Division

SLC Office for the Aging

SLC Public Health Department

St. Josephs Nursing Home

St. Lawrence County Council of Senior Citizens

St. Lawrence Health Initiative

St. Lawrence Valley Renewal House

United Helpers Management Company Affordable Apartments

Walgreens – providing flu shots

Watertown Audiology

Watertown Vet Center

New organizations are being added daily, please check back for updates.