

Senator Robach's Community Update



You Tube



October 1, 2010

3rd Annual Women's Wellness Fair

This week we're going PINK, in honor of National Breast Cancer Awareness Month, which is celebrated every October. Breast cancer is the most common cancer in women in the United States. To kick off Breast Cancer Awareness Month, tomorrow, Saturday, October 2nd, I will host my Third Annual Women's Wellness Fair. Once again, this event will take place at The Mall at Greece Ridge. The Wellness Fair will go from 10:00 a.m. until 4:00 p.m. You can enter the mall through entrance #9, which is located by Liberty Travel.

The health fair will feature a variety of vendors from the Rochester community who will offer information and resources pertaining to your personal health and overall well-being. In addition, you will have the opportunity to receive free samples, breast cancer screenings, body mass index testing, blood pressure checks, and much more.

2010 Dictionary Project

Over the past two weeks, I was honored to distribute dictionaries to third graders throughout the Greece and Hilton Central School Districts. As a part of both the Hilton and Greece Rotary Dictionary Projects, each third grade student received a new dictionary that they can use throughout the school. On Monday, I wrapped up this year's project at Northwood Elementary School in Hilton. Pictured above is third grader Lauren Morris with her new dictionary. For photos from different schools where dictionaries were handed out, find me on Facebook.



Out and About! Some of the Events Around the District

On Saturday, October 2nd, the House of Mercy will celebrate its 25th Anniversary. For more information on this organization, you can visit their website at www.houseofmercyrochester.org

Also on Saturday, the Breast Cancer Coalition of Rochester will hold its 9th Annual ARTrageous Affair at the Rochester Plaza. For more information, visit www.bccr.org.

On Sunday, the Ridge Road Fire District will hold its annual Town of Greece Fire Department Memorial Service.

Don't forget also that this week, October 3rd - October 9th is National Fire Prevention Week. Be sure and check your batteries in you smoke detectors and test them to make sure they are properly working. For other great tips on what you can do with your kids this week to promote fire prevention and safety, visit ww.nfpa.org.

2300 Ridge Road West, Rochester, NY 14626
www.robach.nysenate.gov

(585) 225-3650
e-mail: robach@nysenate.gov