**Upcoming Free Events in Senate District 26:**

###### February 2012

# **Courtesy of State Senator Liz Krueger**

**Also available on the web at** [www.lizkrueger.com](http://www.lizkrueger.com)

**If you would like to receive this list via email instead of regular mail, let us know – send your name, address, and email address to** [liz@lizkrueger.com](mailto:liz@lizkrueger.com)**, with the subject**

**“Free Events List”**

**Please note: This schedule is subject to change – it is recommended that you call ahead to confirm these events.**

**Wednesday 2/1/12**

**11:00 AM** Health Advocates for Older Adults, 7 West 55th St, 212-980-1700

*Exercise*: Strength and Weight Exercise Class

**12:00 PM** Health Advocates for Older Adults, 7 West 55th St, 212-980-1700

*Exercise*: Zumba

**12:30 PM Central Park,** Outside the Dairy Gift Shop, mid-Park at 65th Street, 212-794-4064

*Walking Tour*: Views from the Past Tour

**1:15 PM Science, Industry and Business Library, 188 Madison Ave @ 34th St, Training Room 3 (917) 275-6975**

***Workshop:* Social Security: How Will It Fit Into Your Retirement**

**2:00 PM Health Advocates for Older Adults, 341 East 87th St, 212 980-1700**

***Movies*: 5th Quarter**

**6:30 PM Mid-**Manhattan Library, 455 Fifth Ave., 1-212-340-0833

*Books & Poetry*: Annete Blougrund “Dispensing Beauty in New York and Beyond: The Triumphs and Tragedies of Harriet Hubbard Ayer”

**Thursday 2/2/12**

**12:30 PM** Central Park, Inside the Park on the north side of West 81st Street at Central Park West 212-772-0210

*Walking Tour*: West Side Stories Tour

**Thursday 2/2/12 cont’d**

**2:00 PM** Health Advocates for Older Adults, 239 East 62nd Street, 212-980-1700

*Exercise*: Chair Yoga

**6:00 PM Science, Industry and Business Library, 188 Madison Ave @ 34th St, Conference Room 0018 (917) 275-6975**

***Workshop:* Uncovering the Hidden Job Market**

**Friday 2/3/12**

**12:00 PM Health Advocates for Older Adults, 341 East 87th Street, 212 980-1700**

***Activity*: Bridge**

**Saturday 2/4/12**

**10:00 AM** Health Advocates for Older Adults, 404 East 87th St, 212-980-1700

*Seminar*: Senior Skin Conditions

**11:00 AM** Health Advocates for Older Adults, 404 East 87th St, 212-980-1700

*Exercise*: Chair Yoga

**12:30 PM** Central Park, Inside the Park at Fifth Avenue and 72nd Street, in front of the statue of Samuel F. B. Morse, 212-772-0210

*Walking Tour*: Cross Park Promenade Tour

**12:30 PM Health Advocates for Older Adults, 341 East 87th St, 212 980-1700**

***Movies*: 5th Quarter**

**2:30 PM** Central Park, Inside the Park on the north side of West 81st Street at Central Park West 212-772-0210

*Walking Tour*: West Side Stories Tour

**Sunday 2/5/12**

**12:30 PM** Central Park, Inside the Park at the southeast corner of 85th Street and Central Park West. 212-772-0210

*Walking Tour*: Seneca Village Tour

**2:00 PM Mid-**Manhattan Library, 455 Fifth Ave., 1-212-340-0833

*Movies:* “War Eagle, Arkansas

**Sunday 2/5/12 cont’d**

**2:30 PM Central Park,** Belvedere Castle, mid-Park at 79th Street, 212-772-0210

***Walking Tour*: The Castle and its Kingdom Tour**

**Monday 2/6/12**

**10:30 AM** Health Advocates for Older Adults, Madison Ave Pres. Church, 921 Madison Ave, 212-980-1700

*Exercise*: Arthritis Class

**6:30 PM Mid-**Manhattan Library, 455 Fifth Ave., 1-212-340-0833

*Books & Poetry*: Arlene Weintraub “Selling the Fountain of Youth: How the Anti-Aging Industry Made a Disease out of Getting Old”

**7:00 PM Bryant Park, Citi Pond, 212-768-4242**

***Movies*: “Edward Scissorhands”**

**7:00 PM** Barnes & Noble 150 East 86th Street, 212-369-2180

*Books & Poetry*: Tom Santopietro “The Godfather Effect: Changing Hollywood, America, and Me”

**Tuesday 2/7/12**

**12:00 PM** NYPL for the Performing Arts 40 Lincoln Center Plaza: Dorothy and Lewis

B. Cullman Center, Bruno Walter Auditorium (212) 642-0142

*Music:* Dixieland Jazz

**2:30 PM** NYPL for the Performing Arts 40 Lincoln Center Plaza: Dorothy and Lewis

B. Cullman Center, Bruno Walter Auditorium (212) 642-0142

*Movies:* “The Four Horsemen of the Apocalypse”

**3:00 PM** Health Advocates for Older Adults, 341 East 87th Street, 212-980-1700

*Exercise*: Tai Chi

**6:00 PM New York Public Library, Schwartzman Bldg, 5th Ave & 42nd St., South Court Auditorium**

***Lecture*: From the Dreyfuss Affair to the Holocaust: The Emergence of Anti-Semitic Conspiracy Theories**

**6:30 PM Mid-**Manhattan Library, 455 Fifth Ave., 1-212-340-0833

*Books & Poetry*: Eric Allison “Historic Preservation and the Livable City”

**Tuesday 2/7/12 cont’d**

**7:00 PM** Barnes & Noble 150 East 86th Street, 212-369-2180

*Books & Poetry*: Elaine Hall “7 Keys to Unlock Autism: Making Miracles in the Classroom

**Wednesday 2/8/12**

**11:00 AM** Health Advocates for Older Adults, 7 West 55th St, 212-980-1700

*Exercise*: Strength and Weight Exercise Class

**12:00 PM** Health Advocates for Older Adults, 7 West 55th St, 212-980-1700

*Exercise*: Zumba

**2:00 PM Health Advocates for Older Adults, 341 East 87th St, 212 980-1700**

***Movies*: Ides of March**

**6:30 PM Mid-**Manhattan Library, 455 Fifth Ave., 1-212-340-0833

*Books & Poetry*: Michael Seth Starr “Black and Blue: The Redd Foxx Story”

**Thursday 2/9/12**

**12:30 PM** Central Park, Inside the Park at Fifth Avenue and 72nd Street, in front of the statue of Samuel F. B. Morse, 212-772-0210

*Walking Tour*: Cross Park Promenade Tour

**2:00 PM** Health Advocates for Older Adults, 239 East 62nd Street, 212-980-1700

*Exercise*: Chair Yoga

**6:30 PM Mid-**Manhattan Library, 455 Fifth Ave., 1-212-340-0833

*Books & Poetry*: Jean Parker Phifer “Art and Environment”

**Friday 2/10/12**

**12:00 PM Health Advocates for Older Adults, 341 East 87th Street, 212 980-1700**

***Activity*: Bridge**

**12:00 PM Science, Industry and Business Library, 188 Madison Ave @ 34th St, Conference Room 0018 (917) 275-6975**

***Workshop:* Returning to the Workforce after a Long Break or Sabbatical**

**Friday 2/10/12 cont’d**

**12:30 PM Central Park,** Outside the Dairy Gift Shop, mid-Park at 65th Street, 212-794-4064

*Walking Tour*: Views from the Past Tour

**7:00 PM Bryant Park, Citi Pond, 212-768-4242**

***Music:* Jazz at Lincoln Center**

**Saturday 2/11/12**

**10:00 AM** Health Advocates for Older Adults, 404 East 87th St, 212-980-1700

*Seminar*: Women’s Cancer Prevention

**11:00 AM** Health Advocates for Older Adults, 404 East 87th St, 212-980-1700

*Exercise*: Chair Yoga

**12:30 PM Health Advocates for Older Adults, 341 East 87th St, 212 980-1700**

***Movies*: Ides of March**

**12:30 PM Central Park, Inside Park at 67th and Central Park West, 212-360-2726**

***Walking Tour*: Tavern and Its Green**

**12:30 PM Central Park,** The Charles A. Dana Discovery Center, inside the Park at 110th St btw Fifth and Lenox Aves, 212-860-1370

*Walking Tour*: A Road Once Travelled

**2:30 PM** NYPL for the Performing Arts 40 Lincoln Center Plaza: Dorothy and Lewis

B. Cullman Center, Bruno Walter Auditorium (212) 642-0142

*Music:* Manhattan Saxophone Quartet

**Sunday 2/12/12**

**12:30 PM Central Park,** Belvedere Castle, mid-Park at 79th Street, 212-772-0210

***Walking Tour*: The Castle and its Kingdom Tour**

**1:30 PM** NYPL for the Performing Arts 40 Lincoln Center Plaza: Dorothy and Lewis

B. Cullman Center, Bruno Walter Auditorium (212) 642-0142

*Music:* New York Opera Forum Presents “Faust”

**2:00 PM Mid-**Manhattan Library, 455 Fifth Ave., 1-212-340-0833

*Movies:* “Defining Beauty: Ms. Wheelchair America”

**Sunday 2/12/12 cont’d**

**2:30 PM** Central Park, Inside the Park on the north side of West 81st Street at Central Park West 212-772-0210

*Walking Tour*: West Side Stories Tour

**Monday 2/13/12**

**10:30 AM** Health Advocates for Older Adults, Madison Ave Pres. Church, 921 Madison Ave, 212-980-1700

*Exercise*: Arthritis Class

**5:30 PM Bryant Park, Citi Pond, 212-768-4242**

***Movies*: “Lady and the Tramp”**

**7:00 PM Bryant Park, Citi Pond, 212-768-4242**

***Movies*: “Lady and the Tramp”**

**7:00 PM** Barnes & Noble 150 East 86th Street, 212-369-2180

*Books & Poetry*: Kristin Hannah “Home Front”

**Tuesday 2/14/12**

**12:00 PM** NYPL for the Performing Arts 40 Lincoln Center Plaza: Dorothy and Lewis

B. Cullman Center, Bruno Walter Auditorium (212) 642-0142

*Music:* Dixieland Jazz

**2:30 PM** NYPL for the Performing Arts 40 Lincoln Center Plaza: Dorothy and Lewis

B. Cullman Center, Bruno Walter Auditorium (212) 642-0142

*Movies: “*Way Down East”

**3:00 PM** Health Advocates for Older Adults, 341 East 87th Street, 212-980-1700

*Exercise*: Tai Chi

**3:15 PM New York Public Library, Schwartzman Bldg, 5th Ave & 42nd St., South Court Classroom A**

***Workshop*: Basic Internet**

**6:30 PM Mid-**Manhattan Library, 455 Fifth Ave., 1-212-340-0833

*Books & Poetry*: Eric Klinenberg “Together, Alone: How Singles and Solos Have Transformed New York City”

**Wednesday 2/15/12**

**11:00 AM** Health Advocates for Older Adults, 7 West 55th St, 212-980-1700

*Exercise*: Strength and Weight Exercise Class

**12:00 PM** Health Advocates for Older Adults, 7 West 55th St, 212-980-1700

*Exercise*: Zumba

**12:30 PM** Central Park, Inside the Park on the north side of West 81st Street at Central Park West 212-772-0210

*Walking Tour*: West Side Stories Tour

**2:00 PM Health Advocates for Older Adults, 341 East 87th St, 212 980-1700**

***Movies*: Sarah’s Key**

**6:30 PM Mid-**Manhattan Library, 455 Fifth Ave., 1-212-340-0833

*Books & Poetry*: John Taurnac “New York from Air: A Story of Architecture”

**7:00 PM** Barnes & Noble Union Square 33 East 17th St. 212-253-0810

*Books & Poetry*: Edward St. Aubyn “At Last: A Novel”

**7:00 PM** Barnes & Noble 150 East 86th Street, 212-369-2180

*Books & Poetry*: Sarah Wexler “Awful First Dates”

**Thursday 2/16/12**

**2:00 PM** Health Advocates for Older Adults, 239 East 62nd Street, 212-980-1700

*Exercise*: Chair Yoga

**6:30 PM Mid-**Manhattan Library, 455 Fifth Ave., 1-212-340-0833

*Books & Poetry*: Sharifa Rhodes-Pitts “ Harlem is Nowhere: A Journey into the Mecca of Black America”

**Friday 2/17/12**

**12:00 PM Health Advocates for Older Adults, 341 East 87th Street, 212 980-1700**

***Activity*: Bridge**

**12:30 PM** Central Park, Inside the Park at Fifth Avenue and 72nd Street, in front of the statue of Samuel F. B. Morse, 212-772-0210

*Walking Tour*: Cross Park Promenade Tour

**Friday 2/17/12 cont’d**

**7:00 PM Bryant Park, Citi Pond, 212-768-4242**

***Music:* Classic Rock**

**Saturday 2/18/12**

**10:00 AM** Health Advocates for Older Adults, 404 East 87th St, 212-980-1700

*Seminar*: Senior Vision as we Age

**11:00 AM** Health Advocates for Older Adults, 404 East 87th St, 212-980-1700

*Exercise*: Chair Yoga

**12:30 PM Health Advocates for Older Adults, 341 East 87th St, 212 980-1700**

***Movies*: Sarah’s Key**

**12:30 PM Central Park,** Outside the Dairy Gift Shop, mid-Park at 65th Street, 212-794-4064

*Walking Tour*: Views from the Past Tour

**2:30 PM** Central Park, Inside the Park at the southeast corner of 85th Street and Central Park West. 212-772-0210

*Walking Tour*: Seneca Village Tour

**Sunday 2/19/12**

**12:30 PM** Central Park, Inside the Park at Fifth Avenue and 72nd Street, in front of the statue of Samuel F. B. Morse, 212-772-0210

*Walking Tour*: Cross Park Promenade Tour

**2:00 PM Mid-**Manhattan Library, 455 Fifth Ave., 1-212-340-0833

*Movies:* “The Straight Line”

**2:30 PM Central Park, Inside Park at 67th and Central Park West, 212-360-2726**

***Walking Tour*: Tavern and Its Green**

**2:30 PM** NYPL for the Performing Arts 40 Lincoln Center Plaza: Dorothy and Lewis

B. Cullman Center, Bruno Walter Auditorium (212) 642-0142

***Music*: Con Brio Ensemble**

**Monday 2/20/12**

**10:30 AM** Health Advocates for Older Adults, Madison Ave Pres. Church, 921 Madison Ave, 212-980-1700

*Exercise*: Arthritis Class

**Tuesday 2/21/12**

**12:00 PM** NYPL for the Performing Arts 40 Lincoln Center Plaza: Dorothy and Lewis

B. Cullman Center, Bruno Walter Auditorium (212) 642-0142

*Music:* Dixieland Jazz

**2:30 PM** NYPL for the Performing Arts 40 Lincoln Center Plaza: Dorothy and Lewis

B. Cullman Center, Bruno Walter Auditorium (212) 642-0142

*Movies:* “Blind Husband”

**3:00 PM** Health Advocates for Older Adults, 341 East 87th Street, 212-980-1700

*Exercise*: Tai Chi

**6:00 PM Science, Industry and Business Library, 188 Madison Ave @ 34th St, Conference Room 0018 (917) 275-6975**

***Workshop:* Tax Tips for Your 2011 Return**

**6:30 PM Mid-**Manhattan Library, 455 Fifth Ave., 1-212-340-0833

*Books & Poetry*: Dan Morrison “The Black Nile: One Man’s Journey Through Peace and War On the World’s Longest River”

**7:00 PM** Barnes & Noble 150 East 86th Street, 212-369-2180

*Books & Poetry*: Christina Alger “The Darlings”

**Wednesday 2/22/12**

**11:00 AM** Health Advocates for Older Adults, 7 West 55th St, 212-980-1700

*Exercise*: Strength and Weight Exercise Class

**12:00 PM** Health Advocates for Older Adults, 7 West 55th St, 212-980-1700

*Exercise*: Zumba

**12:30 PM Central Park, Inside Park at 67th and Central Park West, 212-360-2726**

***Walking Tour*: Tavern and Its Green**

**Wednesday 2/22/12 cont’d**

**2:00 PM Health Advocates for Older Adults, 341 East 87th St, 212 980-1700**

***Movies*: Jane Eyre**

**3:15 PM New York Public Library, Schwartzman Bldg, 5th Ave & 42nd St., South Court Classroom A**

***Workshop*: Basic Email**

**7:00 PM** Barnes & Noble 150 East 86th Street, 212-369-2180

*Books & Poetry*: Eleni Gage “Other Waters”

**Thursday 2/23/12**

**8:00 AM \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\***Senator Liz Krueger Presents:

Senior Roundtable Part 4: Financial and Legal Preparation for Long Term Care

Lenox Hill Neighborhood House, 331 East 70th Street, 212 490 9535\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

**12:30 PM** Central Park, Inside the Park on the north side of West 81st Street at Central Park West 212-772-0210

*Walking Tour*: West Side Stories Tour

**2:00 PM** Health Advocates for Older Adults, 239 East 62nd Street, 212-980-1700

*Exercise*: Chair Yoga

**Friday 2/24/12**

**12:00 PM Health Advocates for Older Adults, 341 East 87th Street, 212 980-1700**

***Activity*: Bridge**

**2:30 PM Central Park,** Belvedere Castle, mid-Park at 79th Street, 212-772-0210

***Walking Tour*: The Castle and its Kingdom Tour**

**Saturday 2/25/12**

**10:00 AM** Health Advocates for Older Adults, 404 East 87th St, 212-980-1700

*Seminar*: Alzheimer’s

**11:00 AM** Health Advocates for Older Adults, 404 East 87th St, 212-980-1700

*Exercise*: Chair Yoga

**Saturday 2/25/12 cont’d**

**12:30 PM Health Advocates for Older Adults, 341 East 87th St, 212 980-1700**

***Movies*: Jane Eyre**

**12:30 PM** Central Park, Inside the Park at Fifth Avenue and 72nd Street, in front of the statue of Samuel F. B. Morse, 212-772-0210

*Walking Tour*: Cross Park Promenade Tour

**Sunday 2/26/12**

**12:30 PM Central Park,** The Charles A. Dana Discovery Center, inside the Park at 110th St btw Fifth and Lenox Aves, 212-860-1370

Walking Tour: A Road Once Travelled

**2:00 PM Mid-**Manhattan Library, 455 Fifth Ave., 1-212-340-0833

*Movies:* “Warrior Champions”

**2:30 PM Central Park,** Outside the Dairy Gift Shop, mid-Park at 65th Street, 212-794-4064

*Walking Tour*: Views from the Past Tour

**2:30 PM** NYPL for the Performing Arts 40 Lincoln Center Plaza: Dorothy and Lewis

B. Cullman Center, Bruno Walter Auditorium (212) 642-0142

***Music*: Afternoon of Opera and Song**

**Monday 2/27/12**

**10:30 AM** Health Advocates for Older Adults, Madison Ave Pres. Church, 921 Madison Ave, 212-980-1700

*Exercise*: Arthritis Class

**6:00 PM** NYPL for the Performing Arts 40 Lincoln Center Plaza: Dorothy and Lewis

B. Cullman Center, Bruno Walter Auditorium (212) 642-0142

***Music*: Songbook at LPA: Broadway’s Future**

**6:30 PM Mid-**Manhattan Library, 455 Fifth Ave., 1-212-340-0833

*Books & Poetry*: Timothy Synder “Thinking the Twentieth Century: Intellectuals and Politics in the Twentieth Century”

**Tuesday 2/28/12**

**12:00 PM** NYPL for the Performing Arts 40 Lincoln Center Plaza: Dorothy and Lewis

B. Cullman Center, Bruno Walter Auditorium (212) 642-0142

*Music:* Dixieland Jazz

**2:30 PM** NYPL for the Performing Arts 40 Lincoln Center Plaza: Dorothy and Lewis

B. Cullman Center, Bruno Walter Auditorium (212) 642-0142

*Movies:* “Hells Angels”

**3:00 PM** Health Advocates for Older Adults, 341 East 87th Street, 212-980-1700

*Exercise*: Tai Chi

**Wednesday 2/29/12**

**11:00 AM** Health Advocates for Older Adults, 7 West 55th St, 212-980-1700

*Exercise*: Strength and Weight Exercise Class

**12:00 PM** Health Advocates for Older Adults, 7 West 55th St, 212-980-1700

*Exercise*: Zumba

**12:30 PM Central Park,** Outside the Dairy Gift Shop, mid-Park at 65th Street, 212-794-4064

*Walking Tour*: Views from the Past Tour

**2:00 PM Health Advocates for Older Adults, 341 East 87th St, 212 980-1700**

***Movies*: Midnight in Paris**

**6:30 PM Mid-**Manhattan Library, 455 Fifth Ave., 1-212-340-0833

*Books & Poetry*: Jean Louis-Cohen “Architecture in Uniform: Designing and Building for the Second World War”