

Cohosted by State Senator Shelley B. Mayer  
& AARP NY State President Leo Asen

# New Ways to Think About Retirement

Tuesday, November 16  
7 - 8:30 p.m.

Zoom: [bit.ly/3FwBAaa](https://bit.ly/3FwBAaa)

Facebook: [facebook.com/ShelleyMayerSD37](https://facebook.com/ShelleyMayerSD37)

## Speakers On:

Neighborhood Naturally Occurring Retirement Community  
(NORCs) and Alternative Living Arrangements

Expanding Community and Social Activities

Health Care Planning and Accessing Benefits

Legal and Financial Planning

Physical Activity and Exercise



Office of State Senator  
Shelley B. Mayer



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