



NEW YORK STATE SENATOR

Monica R. Martinez

## Senator Martinez to Host Maternal Mental Health Panel

MONICA R. MARTINEZ May 10, 2024

| ISSUE: **MATERNAL MENTAL HEALTH, COMMUNITY EVENT, MATERNAL AND INFANT HEALTH, MATERNAL DEPRESSION**

Event will raise awareness, reduce stigma, and promote support for mothers and families

New York State Senator Monica R. Martinez will host a panel discussion addressing maternal mental health on Saturday, May 18, 2024, at 10:00 a.m. in Bay Shore. The event will feature speakers who specialize in this subject area, including clinicians, therapists, and advocates, who will provide valuable insights for individuals and families navigating the challenges of early parenthood. Attendees of the “Break the Stigma: Maternal Mental Health Panel Discussion” will also have the opportunity to ask questions of the expert panelists.

Space for this important conversation is limited, please register by Monday, May 13, at [www.tinyurl.com/sd4-mmh-panel](http://www.tinyurl.com/sd4-mmh-panel). A light breakfast will be provided, and free blood pressure screenings will be available from representatives of Northwell Health’s South Shore University Hospital, who are also co-sponsoring this event.

For more information, please call (631) 341-7111 or email [DiPalma@nysenate.gov](mailto:DiPalma@nysenate.gov).

### “Break the Stigma: Maternal Mental Health Panel Discussion” Event Details

**Date:** Saturday, May 18, 2024

**Time:** 10:00 a.m. to 12:00 p.m.

**Location:** 1933 Union Boulevard Bay Shore, New York 11706

**Registration:** [www.tinyurl.com/sd4-mmh-panel](http://www.tinyurl.com/sd4-mmh-panel) (by Monday, May 13, 2024)



 NEW YORK STATE SENATOR  
**MONICA R. MARTINEZ**  
FOURTH SENATORIAL DISTRICT

THANK YOU TO OUR PARTNER & SPONSOR:  
 **Northwell™**  
South Shore  
University Hospital

*Break the Stigma:*  
**MATERNAL  
MENTAL HEALTH  
PANEL DISCUSSION**

Please join us for an impactful Maternal Mental Health Panel Discussion, where we will explore the resilience found in vulnerability. This critical conversation will be led by esteemed local experts and courageous individuals who have firsthand experience with this important issue. Attendees will have the opportunity to ask questions to expert panelists.



Saturday, May 18  
10:00 a.m.



1933 Union Blvd.,  
Bay Shore, New York 11706



FACEBOOK.COM/MARTINEZMONICAR/

**Light breakfast will be provided. Limited space.  
Please RSVP by May 13, 2024, by visiting:**

**[WWW.TINYURL.COM/SD4-MMH-PANEL](http://WWW.TINYURL.COM/SD4-MMH-PANEL)**

**FREE Blood Pressure Screenings Available Provided by South Shore University Hospital**

**For questions, please call 631-341-7111 or email [DiPalma@nysenate.gov](mailto:DiPalma@nysenate.gov)**

