

## 2023-K2188

Assembly Resolution No. 2188

BY: M. of A. Rules (Santabarbara)

MEMORIALIZING Governor Kathy Hochul to proclaim  
November 2024, as Alpha-1 Awareness Month in the  
State of New York

WHEREAS, It is the custom of this Legislative Body to recognize  
official months that are set aside to increase awareness of serious  
diseases that affect the lives of citizens of New York State; and

WHEREAS, Attendant to such concern, and in full accord with its  
long-standing traditions, this Legislative Body is justly proud to  
memorialize Governor Kathy Hochul to proclaim November 2024, as Alpha-1  
Awareness Month in the State of New York, in conjunction with the  
observance of National Alpha-1 Awareness Month; and

WHEREAS, Alpha-1 Antitrypsin Deficiency (Alpha-1) is a genetic  
condition which may result in serious lung disease or liver disease; it  
occurs when there is a severe lack of a protein in the blood called  
Alpha-1 Antitrypsin (AAT) which is mainly produced by the liver; and

WHEREAS, The main function of AAT is to protect the lungs from  
inflammation caused by infection and inhaled irritants such as tobacco  
smoke; the low level of AAT in the blood occurs because the AAT is  
abnormal and cannot be released from the liver at the normal rate; this  
leads to a buildup of abnormal AAT in the liver which can cause liver  
disease; and

WHEREAS, People with Alpha-1 antitrypsin deficiency usually develop the first signs and symptoms of lung disease between ages 20 and 50; the earliest symptoms are shortness of breath following mild activity, reduced ability to exercise, and wheezing; and

WHEREAS, Other signs and symptoms can include unintentional weight loss, recurring respiratory infections, fatigue, and rapid heartbeat upon standing; affected individuals often develop emphysema; and

WHEREAS, About 10 percent of infants with Alpha-1 develop liver disease; approximately 15 percent of adults will develop liver damage due to the formation of scar tissue in the liver; and

WHEREAS, In rare cases, people with Alpha-1 develop a skin condition called panniculitis, which is characterized by hardened skin with painful lumps or patches; and

WHEREAS, There are treatments and preventative measures that may slow the progression of lung disease and help take control of one's health; the specific therapy for the treatment of Alpha-1 related lung disease is augmentation therapy, the use of alpha-1 antitrypsin protein; and

WHEREAS, The Alpha-1 Foundation Support Group Network is a collective of more than 80 affiliated support groups, dedicated to providing support, education and information to people affected by Alpha-1, and to extending the mission of the Alpha-1 Foundation; and

WHEREAS, Under the luminous leadership of Richard Lovrich, Capital Region of New York Alpha-1 Support Group helps people develop an enhanced, healthier sense of personal identity and a connection with the

large Alpha-1 community; and

WHEREAS, It is imperative that there be greater awareness of this serious health condition, and more must be done to increase activity at the local, State and National levels; now, therefore, be it

RESOLVED, That this Legislative Body pause in its deliberations to memorialize Governor Kathy Hochul to proclaim November 2024, as Alpha-1 Awareness Month in the State of New York; and be it further

RESOLVED, That copies of this Resolution, suitably engrossed, be transmitted to The Honorable Kathy Hochul, Governor of the State of New York and Richard Lovrich, Leader of New York Capital Region Alpha-1 Support Group.