



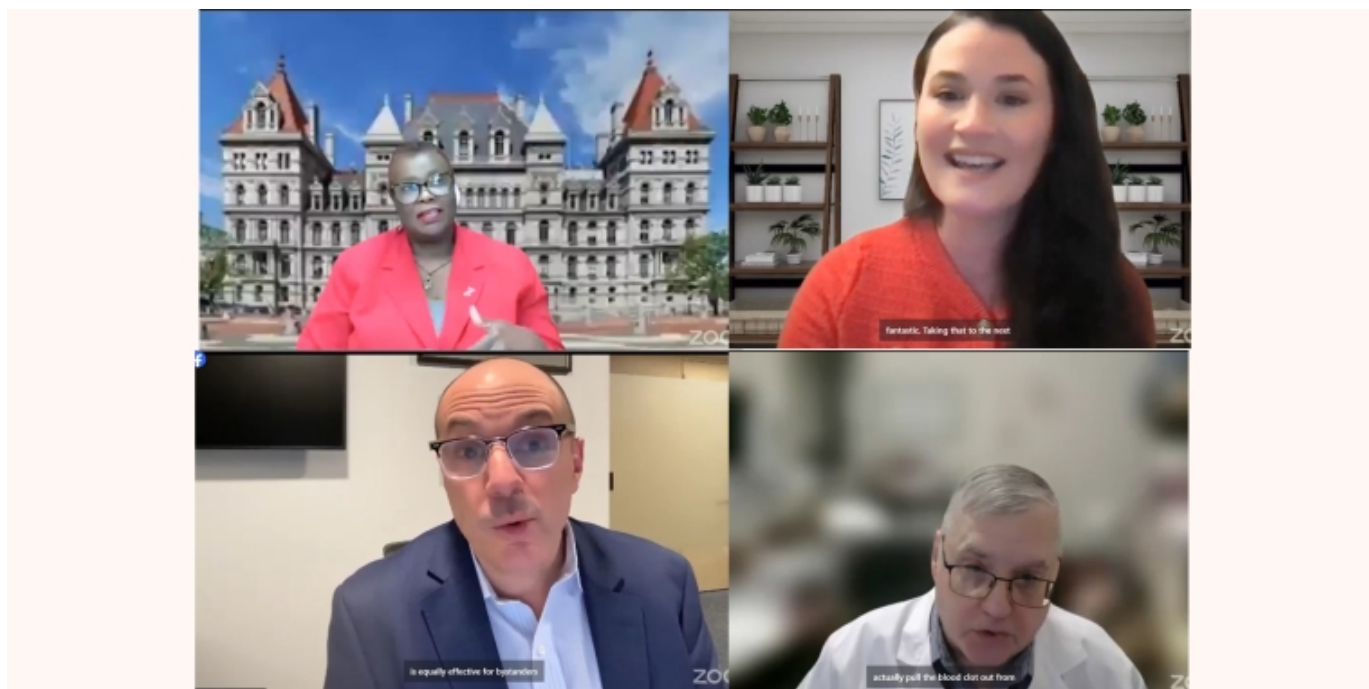
NEW YORK STATE SENATOR

Roxanne J. Persaud

## Senator Roxanne J. Persaud Hosts Heart Disease and Stroke Awareness Webinar in Honor of Heart Health Month

ROXANNE J. PERSAUD February 20, 2025

| ISSUE: **HEART HEALTH**



Senator Roxanne J. Persaud Hosts Heart Health Webinar with American Heart Association

**Brooklyn, NY – February 19, 2025** – In recognition of Heart Health Month, Senator Roxanne J. Persaud has teamed up with the American Heart Association and leading medical professionals to host an important and informative webinar on heart disease and stroke prevention. The webinar, held on Wednesday, February 19, 2025, at 6:00 PM, provided valuable insights into heart health, offering expert guidance on recognizing symptoms,

preventing cardiovascular disease, and understanding the latest advances in heart disease and stroke research.

**During this informative session, participants learned about:**

- **Symptoms of heart attacks and strokes**
- **Cardiovascular health and prevention strategies**
- **How to take control of your health and future**
- **The latest advancements in cardiovascular research**
- **Resources for patients, survivors, and caregivers**

The session also allowed viewers to engage directly, offering a platform for questions and comments throughout the discussion. **"Heart health is crucial to our overall well-being, and it's important that we take proactive steps to understand the risks and signs of heart disease and stroke,"** said Senator Persaud. **"This webinar is an opportunity for us to come together as a community to learn, share, and empower each other to make informed choices about our health."**

#### **Watch the full webinar**

If you missed the live session, the webinar is available to watch on Facebook at [Facebook.com/Sd19SenatorPersaud](https://www.facebook.com/Sd19SenatorPersaud) and can be accessed anytime for continued learning.

For additional resources on heart health and stroke prevention:

The American Heart Association's website at [heart.org](https://www.heart.org).

Heart Disease Support Group: <https://supportnetwork.heart.org/s/>