



NEW YORK STATE SENATOR

Pamela Helming

Senator Helming Recognizes Karen Dewar 2025 Woman of Distinction at Livingston County Board of Supervisors Meeting

[Pamela Helming](#)

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Senator Helming recognized longtime nurse and first responder Karen Dewar, the 2025 New York State Senate Woman of Distinction for the 54th District at the Livingston County Board of Supervisors meeting.

Senator Helming said, “Through her professional and volunteer work, Karen has demonstrated how essential nurses and EMS professionals are to our communities and residents who rely on lifesaving medical care. She is an incredible example to individuals entering the healthcare and EMS fields, and especially to young women.”

Additionally, Assemblywoman Andrea Bailey honored Livingston County Historian Holly Watson as the 2024 Woman of Distinction.

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