

2015-J2382

LEGISLATIVE RESOLUTION congratulating 15-year-old J.D. Aspland upon the occasion of setting four new powerlifting world records in his weight class

WHEREAS, Excellence and success in competitive sports can be achieved only through strenuous practice, team play and team spirit, nurtured by dedicated coaching and strategic planning; and

WHEREAS, Athletic competition enhances the moral and physical development of the young people of this State, preparing them for the future by instilling in them the value of teamwork, encouraging a standard of healthy living, imparting a desire for success and developing a sense of fair play and competition; and

WHEREAS, This Legislative Body is justly proud to congratulate 15-year-old J.D. Aspland upon the occasion of setting four new powerlifting world records in his weight class on Saturday, April 18, 2015, at the Fort William Henry Hotel and Conference Center in Lake George, New York; and

WHEREAS, A freshman at Queensbury High School, J.D. Aspland surpassed the previous dead lift record of 475 pounds with an incredible 515 pound lifting performance in the 198 pound Amateur Raw Division; and

WHEREAS, In addition J.D. Aspland topped the previous record of 365 pounds in the squat with a 405 pound lift, and bench-pressed 245 pounds to break the previous record of 230; he also set a new combined total record with 1,165 pounds; and

WHEREAS, J.D. Aspland has been a weightlifter since he was 10 years old, and was first introduced to the sport by his father, John Aspland; he continues to lift with his family at the Adirondack Barbell Club; and

WHEREAS, This remarkable young athlete was the starting center on his school's freshman football team, and currently plays for the Foothills

Rangers Rugby Club, and the Queensbury High School Junior Varsity Track and Field Team where he competes in both the shot put and discus events; and

WHEREAS, J.D. Aspland's overall record setting performance was outstanding; he was loyally and enthusiastically supported by family, fans, friends and the community at large; and

WHEREAS, Sports competition instills the values of teamwork, pride and accomplishment, and J.D. Aspland has clearly made a contribution to the spirit of excellence which is a tradition of his community and school; now, therefore, be it

RESOLVED, That this Legislative Body pause in its deliberations to congratulate 15-year-old J.D. Aspland upon the occasion of setting four new powerlifting world records in his weight class; and be it further

RESOLVED, That a copy of this Resolution, suitably engrossed, be transmitted to J.D. Aspland.