



NEW YORK STATE SENATOR

Joseph P. Addabbo Jr.

## Addabbo and Nolan Hold Free Health Fair in Ridgewood

JOSEPH P. ADDABBO JR March 23, 2010

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### **New York State Senate Member Joseph P. Addabbo, Jr. 15<sup>th</sup> District**

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### **Press Release**

**For Immediate Release**

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## **ADDABBO AND NOLAN HOLD FREE HEALTH FAIR IN RIDGEWOOD**

**Queens, NY, March 23, 2010** – On Saturday, March 20, **Senator Joseph P. Addabbo, Jr.**, and Assemblywoman Catherine Nolan co-sponsored a free Health Fair at the Trinity Reformed Church, 66-30 60<sup>th</sup> Place, Ridgewood. A vast array of free services were provided to ensure that individuals have the tools they need to lead healthy and active lives. Approximately 100 residents from the nearby area and from across Queens attended the event.

Services provided included: hearing and vision tests, blood pressure and glucose check-ups as well as a private AIDS screening. A nutritionist and cardiologist were on site to provide health counseling, as well as a licensed chiropractor. In addition, a representative from the Smoking Cessation Program at Elmhurst Hospital spoke with individuals about steps they can take to quit smoking. Community health professionals were also on hand to answer general questions and provide information on applying for Medicare, Medicaid, EPIC and Child Health Plus.

"This event benefited families and people of all ages by providing them with the vital healthcare services and information they need," said Senator Addabbo. "It is essential that individuals have access to quality, affordable and essential healthcare services. Too often, lack of access to routine services and information can lead individuals to neglect their health. I hope this event highlighted the numerous resources in the community to help individuals and families provide for their health."

"I want to thank Senator Joe Addabbo for co-hosting and organizing this great informative Health Fair," said Assemblywoman Nolan. "Those that attended were able to get information

and ask questions from the major health centers in and around Queens. Programs like this health fair, help residents of Queens to stay informed and get the assistance that they may need.”

Those who helped make this event possible include: Wyckoff Heights Medical Center, Elmhurst Hospital, AIDS Center of Queens County, Center for Medicare and Medicaid Services, The EPIC Program, Child Health Plus, AARP, Ridgewood Communicare Clinic, Neighborhood Health Providers, Queens Health Center, Pearle Vision, National Children’s Study, New York Urban League, and many more.