



NEW YORK STATE SENATOR

Hugh T. Farley

# **Senator Farley Reminds Constituents to Be Prepared for Possible Emergencies**

Hugh T. Farley

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- [Emergency Services or FEMA](#)



State Senator Hugh T. Farley (R, C, I - Schenectady) reminds constituents they should be prepared in case a disaster happens.

To highlight the designation of September as National Preparedness Month, Senator Farley offers the following tips:

- \* Prepare a disaster supply kit that would keep you and your family self-sufficient for three days, including: one gallon of water per person per day, stored in clean plastic containers; non-perishable food; first aid kit, including information on prescription medications and eyeglasses; battery-operated radio, flashlight and extra batteries; extra clothing; blankets or sleeping bags; and important papers such as identification, credit cards and cash.
- \* Discuss a family escape plan if it becomes necessary to leave your home during a disaster, and practice these plans periodically. Be informed of the disaster plans at your children's school and your workplace.
- \* Install smoke detectors in your home, check them for proper operation and make sure that you change batteries when you change your clocks (twice a year).
- \* During an emergency, stay tuned to local radio or television stations to receive instructions and the latest information about the progress of the situation.

For more information, visit Senator Farley's website and click on the Red Cross icon at [www.senatorfarley.com](http://www.senatorfarley.com)