



NEW YORK STATE SENATOR

Thomas F. O'Mara

## **Senator O'Mara's weekly column 'From the Capitol' ~ for the week of January 20, 2014 ~ 'Regulations keep upstate economy going nowhere'**

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January 21, 2014



Senator O'Mara offers his weekly perspective on many of the key challenges and issues facing the Legislature, as well as on legislative actions, local initiatives, state programs and policies, and more. Stop back every Monday for Senator O'Mara's latest column "From the Capitol..."

This week, ["Regulations keep upstate economy going nowhere"](#)

[See attached copy of Senator O'Mara's column in the January 21st Corning Leader]