

Senator Ken LaValle: It's Breast Cancer Awareness Month – Remember To Schedule Mammograms

KENNETH P. LAVALLE October 1, 2014

ISSUE: WOMEN'S HEALTH

In recognition of Breast Cancer Awareness Month, I am encouraging women to schedule their annual mammogram.

It goes without saying that cancer is a frightening disease. However, advances in early detection screenings have helped save lives by diagnosing cancers in their earliest, most curable stages. A mammogram is the best early detection tool we have in the fight against breast cancer. Annual mammograms not only provide peace of mind—they can, and *do*, save lives.

I am a strong advocate of early detection procedures and have enacted measures to ensure that women diagnosed with breast cancer have access to proper health care. Breast Cancer Awareness Month would be the perfect time to talk to the women you love about the benefits of mammography. You may be saving a life.

If you have concerns about breast cancer, the NY Breast Cancer Hotline and Support Program provides support and information on issues associated with the disease. Whether it be early detection, finding an appropriate physician, or dealing with side effects of treatments, specially trained volunteers are available seven days a week to answer your questions at 1-800-877-8077.

The Carol M. Baldwin Breast Care Center at Stony Brook University Hospital is also available to answer questions. Their number is 631-638-1000. You may also wish to check whether your local community hospital offers this type of helpline.