



NEW YORK STATE SENATOR

Daniel L. Squadron

## Squadron Sponsors Free Flu Shot Clinic on Lower East Side

DANIEL L. SQUADRON October 7, 2014

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### **Shots Provided At Grand Street Settlement By Visiting Nurse Service of NY**

LOWER EAST SIDE – State Senator Daniel Squadron sponsored a free [flu](#) shot clinic from 10am to 1pm on Tuesday, October 7th. Shots were provided by the Visiting Nurse Service of New York, and the venue was provided by Grand Street Settlement at 72 Columbia Street on the Lower East Side.

“Avoiding the [flu](#) isn’t just about a cough and the sniffles for those most at risk – including young children, pregnant women, seniors, and those with chronic health conditions – it is critical,” said **State Senator Daniel Squadron**. “That is why I’m happy to have worked with the Visiting Nurse Service and Grand Street Settlement to provide free [flu](#) shots to Lower Manhattan residents.”

The [flu](#) is a seasonal respiratory infection that is particularly common during the fall and winter. It causes fever and sore throat, can lead to pneumonia, and in certain cases may result in serious illness or death. According to the NYC Department of Health and Mental Hygiene (DOHMH), the [flu](#) vaccine is the best way to prevent infection. DOHMH recommends early vaccination for all people age 6 months or older, especially young children, pregnant women, people with chronic health conditions, and adults 65 and older.