Squadron, Millman and Simon Sponsor Free Flu Shot Clinic

DANIEL L. SQUADRON October 7, 2014

ISSUE: AGING, HEALTH CARE, CONSTITUENTS CORNER

Shots Provided At Eileen C. Dugan Sr. Center By Brooklyn Hospital Center

BROOKLYN – State Senator Daniel Squadron, Assemblymember Joan Millman, and Assembly Nominee Jo Anne Simon sponsored a free flu shot clinic from 9am to 11:30am on Tuesday, October 7th. Shots were provided by the Brooklyn Hospital Center, and the venue was provided by the Eileen C. Dugan Amico Senior Center at 378 Court Street in Carroll Gardens.

"Avoiding the flu isn't just about a cough and the sniffles for those most at risk – including young children, pregnant women, seniors, and those with chronic health conditions – it is critical," said **State Senator Daniel Squadron.** "That's why I'm happy to have worked with Assemblymember Millman, Assembly Nominee Simon, The Brooklyn Hospital Center and the Eileen C. Dugan Amico Senior Center to provide free flu shots to Brooklyn residents."

"Today, many Carroll Gardens Seniors received their annual flu shots at the Eileen C. Dugan Amico Senior Center," said Assemblymember Joan Millman. "Working with Senator Squadron, Democratic Nominee Joanne Simon and Brooklyn Hospital Center scores of seniors are now well-protected against a possibly serious illness."

"I am proud to be working with Senator Squadron and Assemblywoman Millman to offer free flu shots to senior citizens in the district," said **Assembly Nominee Jo Anne Simon**. "I urge everyone to get a flu shot this year, especially people with reduced or weakened immune systems."

The flu is a seasonal respiratory infection that is particularly common during the fall and winter. It causes fever and sore throat, can lead to pneumonia, and in certain cases may result in serious illness or death. According to the NYC Department of Health and Mental Hygiene (DOHMH), the flu vaccine is the best way to prevent infection. DOHMH recommends early vaccination for all people age 6 months or older, especially young children, pregnant women, people with chronic health conditions, and adults 65 and older.