



NEW YORK STATE SENATOR

Ruben Diaz

## Keeping yourself safe - A guide for Seniors

RUBEN DIAZ October 28, 2009

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Dear Friend,

In our ever-changing society, it is more important than ever to be aware of personal safety issues and make necessary adjustments to protect yourself. This brochure was created to serve as a guide to Seniors, with helpful tips and suggestions on how you can create a safer environment for yourself.

Safety is not about fear, it is about being proactive. By being proactive you can protect yourself and your home, and decrease your chances of being a victim of a crime. It is disappointing that our communities are not as safe as they once were. But by working together as a community and sharing knowledge with one another we can do our part to create a safe environment to enjoy.

I hope that the information in this brochure provides you with some helpful insight on safety. Please feel free to contact my office with any questions you have, or safety suggestions of your own.

Sincerely,

Ruben Diaz

32nd Senate District