



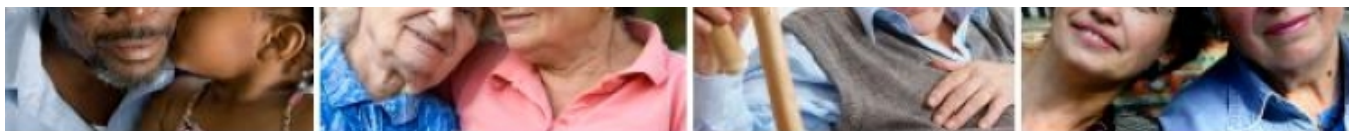
NEW YORK STATE SENATOR

Diane J. Savino

Preventing Caregiver Burnout: Tips and Techniques for Caring for Loved Ones and Reducing Stress

DIANE J. SAVINO January 20, 2011

| ISSUE: **HEALTH**



HELP IS ON THE WAY

Join **Senator Diane J. Savino** and
the **Visiting Nurse Service of New York** for a free seminar
A LIGHT MEAL WILL BE SERVED

Preventing Caregiver Burnout:

Tips and Techniques for Caring for Loved Ones and Reducing Stress

Thursday, January 27th
6:00 pm - 7:00 pm

Forever Young Senior Center
330 Saint Marks Place, Staten Island, NY 10301
Quick walk from the St. George Terminal

Need Transportation?
Call 212-561-7424 for a ride
FREE PARKING AT THE CENTER