

## OSWEGO COUNTY CAREER AND RESOURCE EXPO JUNE 9

PATTY RITCHIE June 1, 2011

Changing careers is never easy. Looking for a job can create a lot of stress. That's why I am organizing the Central New York Career and Resource Expo in Fulton on Thursday, June 9.

If you are curious about what firms are hiring in Central New York, what educational and training opportunities are available if you'd like to change careers, or what services are available to people who need to brush up on their job seeking skills, this first-of-its-kind event is worth attending.

Over 40 agencies and employers from the region, including businesses who are ready to hire will be at the Fulton War Memorial on West Broadway.

You'll find workshops and assistance on resume writing, interviewing skills, job hunting on the Internet, career counseling, even information about starting your own business.

The event is free and open to the public, and pre-registration is recommended by calling my Oswego office at (315) 342-2057.

If you have a business and want to participate, contact my Oswego office.

Over 40 businesses and agencies have already committed to participate in the event, including Constellation Energy Nuclear Group, Entergy, LU 73 Plumbers & Steamfitters, All-

Metro Health Services, Michaud Health Services, Contemporary Personnel Services,
Securitas Security Services, Harbor Lights, Oswego Health, Adecco Employment, NOSCHI
(Pulaski Health Center), Comforce Staffing (DeWitt), Metro Fence, Wholesale Homes, Eagle
Beverage Company, Inc., Laborers Local 633, Longanberger, Excellus Blue Cross Blue Shield,
Sunrise Residential Healthcare & Rehabilitation Center, Greater Oswego-Fulton Chamber of
Commerce, Novelis, HSBC, Dunkin Donuts, WalMart, Lowe's (Oswego store), Oswego
Industries and Pampered Chef. More are expected to be added.

Resource Expo participants will include: Oswego County Opportunities, SUNY Oswego Business Development Office, Cayuga Community College, Oswego County BOCES, Arise, Oswego County Opportunities, Oswego County Workforce New York, Oswego County Department of Social Services, Consumer Credit Counseling, Centro Bus, Literacy Volunteers of Oswego County, Catholic Charities of Oswego County and Fidelis Care New York.

Young people who just graduated from high school or college, as well as people interested in changing careers are invited to look around and talk to employers to see what's available.

If you are reentering the workforce, this Expo will offer you a way to find out about opportunities in Central New York.

The Career and Resource Expo will help people see how the skills they've obtained over their lifetimes can be adapted by other employers.

The event is cosponsored by the City of Fulton, Mayor Ron Woodward, United Way, the SUNY Oswego Business Development Center, the Oswego-Fulton Chamber of Commerce and Workforce of New York.