



NEW YORK STATE SENATOR

Andrea Stewart-Cousins

## The Importance Of Giving Back This Holiday Season

ANDREA STEWART-COUSINS November 26, 2013



*Have a  
Happy  
Thanksgiving!*

Thanksgiving is a time for us to celebrate with loved ones and reflect on all that we are thankful for. As we observe this holiday, let us consider the needs of our less fortunate friends and neighbors. Donating time, money and food items to organizations that serve Thanksgiving meals to members of the public in need is an excellent way to celebrate this holiday and give a helping hand to our fellow New Yorkers.

Many organizations including non-profit charities, faith-based institutions, shelters, and community centers hold annual Thanksgiving dinners that are free to the public, and usually staffed by volunteers and donors who aim to give those less fortunate a hot, festive meal. Charity foot races are also organized on Thanksgiving to raise money for food banks,

and other charitable causes.

To support local Thanksgiving projects in your community, please visit the [Food Bank Association of NYS](#) or [Meals on Wheels Association of America](#).