



NEW YORK STATE SENATOR

Hugh T. Farley

## **Senator Farley Notes September Is Emergency Preparedness Month**

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Senator Farley notes September is Emergency Preparedness Month and while the weather has remained relatively calm recently in our area, he reminds constituents

they should be prepared in case a disaster -- natural or man-made -- happens.

"The winter season is approaching and it is always good to be prepared," Senator Farley said.

Senator Farley has brochures on emergency preparedness and copies are available by emailing [Farley@nysenate.gov](mailto:Farley@nysenate.gov), or by calling his offices at 455-2181 (Albany), 885-1829 (Ballston Spa), 762-3733 (Johnstown), or toll-free at (800) 224-5201.

To highlight the designation of September as National Preparedness Month, Senator Farley offers the following tips:

- \* Prepare a disaster supply kit that would keep you and your family self-sufficient for three days, including: one gallon of water per person per day, stored in clean plastic containers; non-perishable food; first aid kit, including information on prescription medications and eyeglasses; battery-operated radio, flashlight and extra batteries; extra clothing; blankets or sleeping bags; and important papers such as identification, credit cards and cash.
- \* Discuss a family escape plan if it becomes necessary to leave your home during a disaster, and practice these plans periodically. Be informed of the disaster plans at your children's school and your workplace.
- \* Install smoke detectors in your home, check them for proper operation and make sure that you change batteries when you change your clocks (twice a year).
- \* During an emergency, stay tuned to local radio or television stations to receive instructions and the latest information about the progress of the situation.