



NEW YORK STATE SENATOR

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## Halloween Safety Tips for Families, Friends and Neighbors from Senator O'Mara

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Fun needs to be balanced with safety.

For many families in our community, Halloween is a day for children to enjoy time with their friends and to go trick-or-treating. But that fun needs to be balanced with some safety measures to ensure that they enjoy the day safe and secure.

From WETM-TV, "**Trick or Treat times for the Twin Tiers**"

To help you keep the children in your life safe this Halloween, I'm happy to share the following common sense tips from the federal **Centers for Disease Control and Prevention**:

- > Swords, knives, and similar costume accessories should be short, soft, and flexible.
- > Avoid trick-or-treating alone. Walk in groups or with a trusted adult.
- > Fasten reflective tape to costumes and bags to help drivers see you.
- > Examine all treats for choking hazards and tampering before eating them. Limit the amount of treats you eat.
- > Hold a flashlight while trick-or-treating to help you see and others see you. Always WALK and don't run from house to house.
- > Always test make-up in a small area first. Remove it before bedtime to prevent possible skin and eye irritation.
- > Look both ways before crossing the street. Use established crosswalks wherever possible.
- > Lower your risk for serious eye injury by not wearing decorative contact lenses.
- > Only walk on sidewalks whenever possible, or on the far edge of the road facing traffic to stay safe.
- > Wear well-fitting masks, costumes, and shoes to avoid blocked vision, trips, and falls.
- > Eat only factory-wrapped treats. Avoid eating homemade treats made by strangers.
- > Enter homes only if you're with a trusted adult. Only visit well-lit houses. Don't stop at dark houses. Never accept rides from strangers.

> Never walk near lit candles or luminaries. Be sure to wear flame-resistant costumes.

For additional Halloween Safety tips, please use the following links:

**[Halloween Safety Tips from Safe Kids Worldwide](#)**

**[American Academy of Pediatricians Halloween Safety Tips](#)**

**[Centers for Disease Control Halloween Section](#)**

**[New York State Police Halloween Safety Page](#)**

**[New York State Police Halloween Safety Brochure](#)**