

NEW YORK STATE SENATOR

## SENATOR LANZA HOSTING FREE FLU SHOT CLINIC AND LUNG CANCER AWARENESS EVENT – Thursday, November 5th

ANDREW J. LANZA October 29, 2015

## SENATOR ANDREW LANZA, RICHMOND UNIVERSITY MEDICAL CENTER, TOBACCO FREE STATEN ISLAND REALITY CHECK & JCC OF STATEN ISLAND SPONSOR LUNG CANCER AWARENESS EVENT

Thursday, November 5th 7:00 p.m. - 9:00 p.m. Jewish Community Center Teen Lounge, Second Floor 1466 Manor Road, Staten Island, NY *To RSVP call Senator Lanza's office at: (718) 984-4073* 

This event is a part of "National Shine a Light on Lung Cancer" -- the largest nationally and internationally coordinated awareness event for lung cancer. Staten Island currently has the highest rate for tobacco use in the City. The goal of this event is to bring awareness of lung cancer, the toll of tobacco, the role tobacco marketing plays in youth initiation and the need for community members to take action and the preventative steps they can take.

## SENATOR ANDREW LANZA & DUANE READE SPONSOR FREE FLU SHOT CLINIC

The Best Way to Stay Protected this Year is to Get Your Annual Flu Shot!

Thursday, November 5th

2:30 p.m. – 5:00 p.m.

Senator Lanza's Office 3845 Richmond Ave., Suite 2A Staten Island, NY *To RSVP call Senator Lanza's office at: (718) 984-4073* 

Influenza -- or flu -- is a highly contagious viral infection. About 20% of Americans get the flu each year. It can be spread through coughing, sneezing, or coming into close contact with others. Flu season is highest in winter, but it can happen any time of year and can be mild or severe. Although many are able to recover from the fl u, it can be a very serious or deadly illness for young children, older adults, pregnant women and those who have health problems. The best way to reduce your chances of becoming infected with the fl u is to get the fl u vaccine every year.