



NEW YORK STATE SENATOR

Jeffrey D. Klein

SENATOR KLEIN ANNOUNCES \$50,000 IN FUNDING FOR COUNTDOWN TO FITNESS PROGRAM IN THE BRONX

JEFFREY D. KLEIN November 16, 2015

| ISSUE: [HEALTH](#), [WOMEN'S HEALTH](#), [COMMUNITY REINVESTMENT](#), [CONSTITUENTS CORNER](#)



State Senator Jeff Klein (D-Bronx/Westchester) announced \$50,000 in state funding for the Countdown to Fitness program at a luncheon on Saturday at the Shorehaven Community Center.

Nearly 70 women from the south Bronx received certificates from Senator Klein for completing the 10-week fitness program. Participants took Zumba, kickboxing and dance

classes; learned how to make healthy and delicious recipes like baked apples, sauteed cauliflower and cucumber blueberry salad; and learned more about immunizations, heart disease, cancer screenings and stress management. Another 10-week session will be held in the Spring.