



NEW YORK STATE SENATOR

Terrence Murphy

Sherlita Amler

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Women of
DISTINCTION
HONORING WOMEN IN NEW YORK

Sherlita Amler
MD, MS, FAAP

Sherlita Amler, MD, MS, FAAP, has devoted her life to public service for over three decades. In 2011, was appointed Commissioner of the Westchester County Department of Health. While leading the Department, she served as acting commissioner in the Department of Community Mental Health. Dr. Amler was Putnam County's first Commissioner of Health from 2004-2011. She served with diligence and honor, working hard for the citizens of her community.

Dr. Amler has led and supported many successful public health initiatives and has played a significant role in the campaign to reverse the rising death toll from opiate abuse. She manages many services that are in place to protect and ensure the health of more than one million residents, workers and visitors.

Dr. Amler is President of the New York State Association of County Health Officers (NYSACHO). A certified emergency manager, she established a comprehensive response network across Westchester in response to the Ebola threat. In Putnam, she took the initiative and established alternate-care sites, and later served on a statewide task force on medical management guidelines for such sites.

Dr. Amler is a mentor to rising young professionals, steering them into schools of medicine, nursing, and public health so that they may enhance their careers and reach their full potential. Always appreciative of the importance of education, she encourages staff members to complete their education and seek higher level jobs.

Dr. Amler has been recognized for her many accomplishments, receiving the Putnam Community Service Network's Distinguished Service Award, and the Westchester Magazine's Healthcare Heroes and 914Inc's Women in Business and Government awards. She was recognized with the Richard G. Spolzino Access to Care Humanitarian Award by the Ninth District Dental Association, a tribute to Dr. Amler's vigorous advocacy for fluoridation of public water systems. Dr. Amler's accomplishments in both her professional and civic endeavors make her, without a doubt, a woman of distinction.