

## Anita Seefried-Brown

PATTY RITCHIE May 11, 2016

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Anita Seefried-Brown has made it her mission to stop the spread of illegal substances, and make available vitally important resources people need to break free from the cycle of abuse. She has dedicated her life to the pursuit of sobriety, recognizing that the health of our young people is of vital importance to the future of our community.

A 21-year employee of Pivot—an alcohol and substance abuse prevention organization in Jefferson County—Ms. Seefried-Brown currently serves as Project Director for the Alliance for Better Communities, a role that allows her to collaborate with local leaders and

community members to brainstorm ways to fight back against drug abuse.

Ms. Seefried-Brown was born and raised in Germany, moving to the United States in 1985 during the first expansion of Fort Drum. She holds a Master of Science, Community Health Administration and Wellness Promotion degree from Independence University. Prior to joining the staff at Pivot, she worked for the American Heart Association, a position which she said taught her the importance of working with members of her community to improve the region in which she lives.

Today, Ms. Seefried-Brown considers preventing drug and alcohol abuse among teens to be one of the most important aspects of her job. In addition, she says one of the biggest challenges—and joys—of her career is staying current on addiction research, while bringing her knowledge to local residents. Her courageous and relentless dedication to this important cause is one to be revered and aspired to, and without a doubt, makes her a woman of distinction.