



NEW YORK STATE SENATOR

Patty Ritchie

Ritchie Announces Free Rides for Seniors to Upcoming Health and Wellness Fair

PATTY RITCHIE September 14, 2016



PREREGISTER HERE FOR SENATOR RITCHIE'S SENIOR HEALTH AND WELLNESS FAIR

State Senator Patty Ritchie is urging Oswego County senior citizens to take advantage of free bus rides to her upcoming Health and Wellness Fair, which will take place on Wednesday September 21st.

Made possible by Oswego County Opportunities and Exelon, busing will be available on three separate routes including Constantia and Phoenix; Sandy Creek, Parish and Mexico and Oswego, Hannibal and Fulton on the day of the Senior Health and Wellness Fair.

“I know that for many seniors, getting to and from places you need or would like to go can be a challenge,” said Senator Ritchie.

“I want to make sure that every person who would like to attend my Senior Health and Wellness Fairs has a way to get there. I would like to thank Oswego County Opportunities and Exelon for providing busing that will help more people take part in this important event, which offers seniors a day of fun, friends and learning how to stay healthy as they age.”

Busing routes for Senator Ritchie’s Oswego county Senior Health and Wellness Fairs are as follows:

Route 1: Constantia/Phoenix

<u>Pickup Location</u>	<u>Time</u>
St. Bernadette’s Church (1667 State Route 49 in Constantia)	9:45 a.m.
Congregational Church (43 Bridge St. in Phoenix)	10:40 a.m.

Route 2: Sandy Creek/Parish/Mexico

<u>Pickup Location</u>	<u>Time</u>
Methodist Church (2301 Harwood Dr. in Sandy Creek)	9:45 a.m.

Presbyterian Church (814 Rider St. in Parish)	10:20
Presbyterian Church (4316 Church St. in Mexico)	10:35 a.m.

Route 3: Oswego/Hannibal/Fulton

<u>Pickup Location</u>	<u>Time</u>
Fort Ontario (1 East 4 th St. in Oswego)	10:15 a.m.
Hannibal Community Library (162 Oswego St. in Hannibal)	10:35 a.m.
Fulton Municipal Building (141 S. First St. in Fulton)	10:55 a.m.

Return buses will depart the Senior Health and Wellness Fair at 1:00 p.m.

The event—which will take place at the Fulton Community Ice Arena, 605 West Broadway in Fulton—runs from 11:00 a.m. to 2:00 p.m., and will feature over 50 exhibitors offering health checks, wellness tips, no cost flu shots available with your Medicare or insurance ID, entertainment and a free lunch prepared by chefs-in-training from Oswego County CiTi.

Those planning to attend Senator Ritchie’s Senior Health and Wellness Fair can save time and [preregister by clicking here](#) or by calling (315) 782-3418.