

Ritchie Honors Oswego County "Seniors of the Year"

JOHN FRIOT September 23, 2016



State Senator Patty Ritchie honored two local seniors for their contributions to their communities recently at her annual Oswego County Senior Health and Wellness Fair.

Those honored included Oswego County Legislator Jack Proud and Suzy Beyer, a longtime volunteer with RSVP of Oswego County.

"Across our region, so many seniors are giving of their time to make a difference in their local communities." said Senator Ritchie.

"Jack and Suzy are two shining examples of this and I was pleased to be able to honor them with this award."

Held earlier this week, Senator Ritchie's Oswego County Senior Health and Wellness Fair attracted more than 500 people and helped to connect members of the region's aging population with health checks and tips to improve their well-being.

Senator Ritchie will host two more Senior Health and Wellness Fairs in the coming weeks.

On September 29th, her St. Lawrence County event will take place in Ogdensburg and on

October 19th her Jefferson County fair will take place in Watertown.