

Ritchie Announces Free Transportation to St. Lawrence County Senior Health and Wellness Fair

JOHN FRIOT September 26, 2016



PRE-REGISTER FOR SENATOR RITCHIE'S SENIOR HEALTH AND WELLNESS FAIR HERE

State Senator Patty Ritchie is encouraging St. Lawrence County residents to take advantage of free bus rides to her Senior Health and Wellness Fair, which will take place on Thursday, September 29th in Ogdensburg.

Made possible by St. Lawrence NYSARC, the bus route includes several stops throughout St. Lawrence County.

"My St. Lawrence County Senior Health and Wellness Fair is something that hundreds of people in our area look forward to visiting every fall," said Senator Ritchie.

"I'm excited that seniors will again be able to connect with businesses and organizations that can help them improve their health and well-being and I want to thank St. Lawrence NYSARC for providing transportation, which will give even more seniors an opportunity to attend this exciting event."

Busing routes and pick-up times for Senator Ritchie's St. Lawrence County Senior Health and Wellness Fair are as follows:

Waddington - Hamilton Gardens, 10:15 a.m.

Ogdensburg - Riverview Towers, Centennial Tower, Parkview Rise, 10:30 a.m.

Canton - Grasse River Apartments, 10:15 a.m.

Heuvelton - Meadowview Apartments, 10:35 a.m.

Return buses will depart the event at 1:30 p.m.

Senator Ritchie's Senior Health and Wellness Fair will take place from 11:00 a.m. to 2:00 p.m. at the Richard G. Lockwood Civic Center, 141 W. River Street, Ogdensburg and will feature over 60 exhibitors offering wellness tips, health screenings—including flu shots (available with a Medicare or insurance ID)—and more. Entertainment and lunch prepared by local BOCES culinary students will also be provided

Senator Ritchie would like to thank the following sponsors for making the event possible:

Ogdensburg City School District
Pepsi-Cola Ogdensburg Bottlers
St. Lawrence-Lewis BOCES
St. Lawrence NYSARC
St. Lawrence County Sheriff's Office
Starlighters

City of Ogdensburg

Cabot Cheese

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