

Record Crowd Attends Ritchie's St. Lawrence County Senior Health and Wellness Fair

PATTY RITCHIE September 29, 2016



Close to 500 people packed the Richard G. Lockwood Civic Center in Ogdensburg Thursday to take part in State Senator Patty Ritchie's St. Lawrence County Senior Health and Wellness Fair.

"I'm thrilled that so many seniors were able to attend this year's event," said Senator Ritchie.

"It was great to see all of the seniors get together, socialize, listen to some nice music and have the opportunity to get some valuable information on ways to stay healthy and

maintain active lifestyles."

Seniors in attendance were able to access health screenings, flu shots and free tips for staying healthy and active from more than 60 local organizations. The day also featured a no-cost lunch prepared by local culinary students and music provided by the Starlighters and the Ogdensburg Free Academy Band.

During the event, Senator Ritchie honored Nancy Skelly of Ogdenburg and John Halford of Gouverneur—a WWII veteran—with her St. Lawrence County "Senior of the Year" award for their volunteerism and contributions to their communities.

Last week, more than 500 people attended Senator Ritchie's Oswego County Senior Health and Wellness Fair. She will host one more fair this year, in Jefferson County on October 19th. Full details can be found here.

Senator Ritchie would like to thank the following sponsors of her St. Lawrence County Senior Health and Wellness Fair:

City of Ogdensburg

Cabot Cheese

Kinney Drugs

Ogdensburg City School District

Pepsi-Cola Ogdensburg Bottlers

St. Lawrence-Lewis BOCES

St. Lawrence NYSARC

St. Lawrence County Sheriff's Office

Starlighters