



NEW YORK STATE SENATOR

Jose M. Serrano

Senator Serrano Applauds The East Harlem Community Walking Trail

[Jose M. Serrano](#)

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Senator Serrano recently applauded the Health Department's Center for Health Equity's East Harlem Community Walking Trail - a three-mile pathway along East Harlem sidewalks that runs east and west along 106th and 115th Streets, connecting residents to Central Park and Randall's Island. The East Harlem Community Walking Trail is the result of a year-long effort spearheaded by the East Harlem Neighborhood Health Action Center and a steering committee composed of community partners, working together to better understand the condition of the streetscape in East Harlem. The result of this collaboration is a physical path that highlights East Harlem's rich community history and resources along a safer and more enjoyable walking space.

"The East Harlem Community Walking Tour is a fun, informative and family friendly way to promote health and wellness in El Barrio. The walking tour

will provide residents of East Harlem a positive way to get out and walk for at least 30 mins per day, all while learning about the rich history of the neighborhood. Many thanks to the New York City Department of Health and Mental Hygiene and the East Harlem Neighborhood Health Action Center for promoting healthy initiatives in East Harlem."