

## 2017-K418

Assembly Resolution No. 418

BY: M. of A. Stec

HONORING Helen Powers upon the occasion of her designation for special recognition by the New York State Office for the Aging on May 9, 2017

WHEREAS, Senior citizens bring a wealth of experience and knowledge to the increasingly active roles they play in today's society; their past contributions and future participation are a vital part of, and valuable asset to, the fabric of community life and activity; and

WHEREAS, This Legislative Body is justly proud to honor Helen Powers upon the occasion of her designation for special recognition by the New York State Office for the Aging at its Annual Older New Yorkers Day Celebration on Tuesday, May 9, 2017, at the Hart Theatre Lounge in the Egg, Albany, New York; and

WHEREAS, Each May, the New York State Office for the Aging pauses to acknowledge the outstanding contributions made by older citizens during National Older Americans Month; and

WHEREAS, Members of older generations have helped build and shape our Nation to be the greatest in the world; they have defended our freedoms and values to ensure that those who come after them may have better lives; nowhere in the Nation is the legacy of their efforts more visible and more a part of the lives of all citizens than here in the State of New York; and

WHEREAS, This esteemed woman has been called upon to contribute her time and talents to countless civic and charitable endeavors and has always given of herself unstintingly; and

WHEREAS, Born and raised in Saratoga County, Helen Powers and her husband raised five wonderful children in the home they built in 1968; and

WHEREAS, Helen Powers earned her nursing degree at the Albany Medical Center School of Nursing; she had a successful career in a variety of settings including hospitals, primary care practices, and public health organizations; and

WHEREAS, For 13 years, Helen Powers worked at Warren County Health Services where she utilized her medical knowledge to assist residents of the community; after retiring in 2007, she has dedicated her time and energy to numerous worthy causes and organizations; and

WHEREAS, As a member of the Rockwell Falls Ambulance Service Board of Directors, Helen Powers diligently works to ensure that management, efficiency, promptness of service, and cost effectiveness are provided to all community residents; and

WHEREAS, Helen Powers is also an active parishioner of the Rockwell Falls Presbyterian Church and works at the Hadley Senior Center to increase community awareness regarding the needs of older adults for health care, socialization, and safety; and

WHEREAS, As an instructor of the RSVP Osteo Busters exercise program in Hadley, Helen Powers provides opportunities for participants to improve their health and mobility and learn about proper diet and home safety; and

WHEREAS, Throughout the entire period of her community service, a period of constructive involvement, Helen Powers has stood constant in dignity, good grace and humor; and

WHEREAS, With her throughout have been her husband, five children, 13 grandchildren, and one great-grandchild, all of whom have shown her love and support and rejoice in her many achievements; and

WHEREAS, Rare indeed is the impressive dedication shown by an individual for the benefit of others which Helen Powers has displayed throughout her life; and

WHEREAS, Helen Powers, a very active and industrious woman, has inspired and enriched the lives of those she serves through her volunteerism, generously sharing the wisdom gained over years of experiencing life to its fullest; now, therefore, be it

RESOLVED, That this Legislative Body pause in its deliberations to honor Helen Powers upon the occasion of her designation for special recognition by the New York State Office for the Aging on May 9, 2017; and be it further

RESOLVED, That a copy of this Resolution, suitably engrossed, be transmitted to Helen Powers.