

Find out more from The Food Bank of the Southern Tier

THOMAS F. O'MARA September 14, 2017

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#HungerActionDay

Across the Southern Tier, 1 in 4 residents receive assistance from the Food Bank at some point during the year. That's approximately 44% higher than the national average of 1 in 7 Americans served by the Feeding America network of food banks.

September is Hunger Action Month and Thursday, September 14, is Hunger Action Day.

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Read more from **The Food Bank of the Southern Tier**, which earlier this year was recognized as the **"Food Bank of the Year"** by **Feeding America**, the nation's largest domestic hunger relief organization.