



NEW YORK STATE SENATOR

Patty Ritchie

## Ritchie Announces Free Bus Rides for Jefferson County Senior Health and Wellness Fair

PATTY RITCHIE October 2, 2017



\*\*\*[CLICK HERE TO PRE-REGISTER](#)\*\*\*

Senator Patty Ritchie is pleased to announce that Jefferson County residents will, once again, be able to take advantage of free bus rides—to and from—her upcoming Senior Health and Wellness Fair in Watertown.

The fair will take place at Jefferson Community College's McVean Student Center, located at 1220 Coffeen Street in Watertown on Friday, October 6th.

The free event—which runs from 11:00 a.m. to 2:00 p.m.—will feature over 50 exhibitors offering seniors health tips, wellness checks and free flu shots (available with Medicare or insurance ID). Attendees are also invited to enjoy entertainment and a free lunch, prepared by ‘future chefs’ from Oswego County CiTi BOCES.

“The road to a healthy, active life is a long one. Those looking to take that journey first need access to the experts who can provide the tools and tips they need,” Senator Ritchie said. “By providing this transportation—at no cost—every senior who wants to take that step, by coming to my Senior Health and Wellness Fair, can do so. I can’t wait to see everyone there.”

To pre-register for the Senator’s Senior Health and Wellness Fair, [please click here](#).

Here is the schedule for the bus rides to and from the fair:

***Lundy Services Medical Transportation:***

*Meadowbrook Terrace Assisted Living Facility (21995 Cole Rd, Carthage): 10:00 a.m.*

*J. Dalton Estates (38 N Broad Street, Carthage): 10:15 a.m.*

*Westside Terrace (63 Madison Street, Carthage): 10:15 a.m.*

*Longfalls Apartments (222 State Street, Carthage): 10:30 a.m.*

\*Call location pick-up site to reserve your seat

\*\* Returning at 2:00 p.m.

***Paynter Senior Citizens Center:***

*Aubrey Courts (455 Bay St., Jefferson, Cape Vincent): 9:15 a.m.*

*Riverview Apartments (912 Strawberry Lane, Clayton): 10:00 a.m.*

*Gordon Courts Apartments (1 Bolton Avenue, Alexandria Bay): 10:30 a.m.*

*LaFargeville Senior Housing Apartments (36421 Penet Square Drive, La Fargeville): 10:45 a.m.*

\*Call Dan or Rose at (315) 686-3553 to reserve your seat

*\*\*Returning at 2:00 p.m.*

***Volunteer Transportation Center:***

*Country View Apartments (87 East Church St, Adams, NY): 10:30 a.m.*

*\*Returning at 1:00 p.m.*

***City of Watertown Citibus:***

*\*Makes periodic stops*

*\*\*First drop off at JCC at 10:30am and last pick up from JCC at 2:30 p.m.*

Senator Ritchie would like to thank the following organizations for helping make her Senior Health and Wellness Fair possible: Behling Orchards, Burrville Cider Mill, Cabot Cheese, Carthage Area Hospital, Dunkin' Donuts, the Jefferson County Sheriff's Office, Kinney Drugs, Oswego CiTi BOCES, River Hospital, Samaritan Medical Center and Walmart.