



NEW YORK STATE SENATOR

Leroy Comrie

## **Second Annual Women's Health Empowerment Symposium**

[Leroy Comrie](#)

March 19, 2018

ISSUE:

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*Women's Health*  
**EMPOWERMENT  
SYMPOSIUM**

Celebrating Women's History Month through health and wellness presentations and workshops

On Saturday, March 17, 2018, I was proud to host the Second Annual Women's Health Empowerment Symposium in celebration of Women's History Month at York College. Over 150 individuals gathered to hear presentations on the important topics of women's health and take part in health screenings, exercises, and workshops led by our remarkable and diverse lineup of presenters. Thank you to our cosponsors, including Healthfirst, the Healthcare Education Project, and York College, for making the event so successful. Knowledge is power when it comes to our healthcare and lifestyle decisions. Health empowerment means being in the know and taking charge so that we can live better and feel better.