

Sabrina Lacy

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Suffolk County VFW Commander Sabrina Lacy joined the United States Army in 1985 as a young woman. She served one year in Korea with the 2nd Infantry Division, approximately 15 miles from the DMZ area, and in the field in a variety of hospitals from Walter Reed, Manhattan VA, Brooklyn VA and West Point. In total, she served our country for 20 years, earning the rank of Sergeant.

After being honorably discharged, SGT Lacy joined the U.S. Army Reserves, earned an Associate's Degree in Management Information, her LPN in 1992, a BA in Organizational Management, and worked as an LPN in various hospitals throughout Long Island. Following 9/11, SGT Lacy worked as a nurse at Bellevue Hospital, where she cared for the injured from

Ground Zero. She was called up for active duty to serve in Operation New Dawn in Germany at Wiesbaden and Landstuhl Hospitals, and tended to injured soldiers and their families during the War in Afghanistan and the Iraq War. After this tour ended, she completed her Master's degree in Leadership.

SGT Lacy received the Army Commendation Medal, Army Achievement Medal, Army Reserve Components-Achievement Medal (3rd Award), National Defense Service Medal (2nd Award), Armed Ribbon, Overseas Service Ribbon (2nd Award) and the Armed Forces Reserve Medal (5th Award).

Commander Lacy is the first black woman to hold this post at the Suffolk County VFW. For the past 10 years, she has served as a volunteer and Commander of the Brentwood VFW. She is a member of the VFW, VFW Auxiliary, American Legion, AMVETS, Blue Star Moms of America and the Disabled American Veterans. She is also the Co-Host of Veterans News on Channel 20, and the Minister of the "Lift A Hand to a Veteran Ministry," as well as a Chaplain and instructor with the New York State Chaplain Task Force, and Chair of the Suffolk County Women's Advisory Commission.

Commander Lacy is the proud mother of two daughters and one grandson.