



NEW YORK STATE SENATOR

David J. Valesky

Sen. Valesky's Sixth Annual Free Senior Fair is October 19 in Madison County

[David J. Valesky](#)

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Senator David J. Valesky (D-Oneida) is hosting his sixth annual Senior Information Fair at the Canastota High School Dimao Gym (entrance nearest the tennis courts) in Canastota on Friday, October 19, from 10:00 a.m. to 1:00 p.m. Experts from local businesses, nonprofits, and government agencies will provide important information on health care, in-home services, health insurance, prescription assistance, housing, and local services, as well as offer giveaways. All residents are invited to attend this free event.

Walgreen's will offer flu shots (with insurance card and co-payment or cash). Other organizations will offer blood pressure checks and health screenings.

This year, breakout sessions are scheduled where attendees can discuss specific subjects:

Room 1:

10:30: University Geriatricians - a program providing complete evaluations of the medical, functional, cognitive & psychosocial problems, and abilities of the older adult.

11:15: Vera House - Senior Exploitation and SCAMS

12:00: EPIC - provides seniors with co-payment assistance for Medicare Part D covered prescription drugs after any Part D deductible is met. Hear how EPIC helps all seniors.

Room 2:

10:15: Office for Emergency Management-Free Smoke Alarm & Carbon Monoxide Detector Program

11:00: Office for the Aging Public Hearing

11:45: Bone Builders - strength training & balance exercise program designed to address the issue of osteoporosis. Designed to promote bone health for men and women.

12:15: ARISE - Demonstration of Adaptive Equipment to support those individuals living independently at home.

“Madison County is home to dozens of organizations and agencies that can directly benefit seniors, but seniors may not be aware of all of the services available,” Sen. Valesky said. “This free Information Fair is a means for seniors and their families to connect with the experts and groups that can offer assistance and information on issues of importance to them.”

Attendees will be able to speak with representatives from the agencies listed below. For more information about the fair, call Sen. Valesky’s office at 315-478-8745 or email valesky@nysenate.gov. Anyone with transportation needs, please call the Madison County Office for Aging at 315-697-5700.

AAA Western and Central New York, Inc.

Alzheimer’s Association, Central New York Chapter

American Red Cross - preparedness information

Argentine Health Partners - free BMI and WellBeing evaluations on site, free appointments for health assessments, free hourly drawings

ARISE, Inc.

Bethany Gardens Rehabilitation Center – promotional items

Better Business Bureau

CABVI (Central Association for the Blind & Visually Impaired) – LP medication boxes

Cancer Services Program of the Central Region

Caregiver Support Program, Lutheran Care – brochures and Lutheran Care giveaways

Chittenango Landing Canal Boat Museum

Community Memorial Hospital – handwashing prep for the flu season

Community Resources for Independent Seniors (CRIS) – free t-shirts while supply lasts

Connect Medical Products

Crouse Community Center

Excellus BC/BS - prize wheel, giveaways, information about 2019 Medicare plans

Fidelis Care – free pens, tissues

Franciscan Lifeline – tchotchkes and candy

Greater Cazenovia Area Chamber of Commerce – new Cazenovia area maps, new Rotary phone books, event brochures

Greater Oneida Chamber of Commerce

HCR Home Care – new home health care and care management services

Hearing Health USA – certificates for free hearing screenings, hearing aid demonstrations

Humana

Icicle – pens, jar openers, brochures

Jeanine's Spring Chickens – new Medicare plans and updates on annual enrollment

Karing Kitchen - foodsense program

Legal Aid Society of Mid-New York, Inc.

Madison County Board of Elections - information about absentee voting, ballot exposure

Madison County Council on Alcoholism & Substance Abuse, Inc./BRiDGES

Madison County Department of Social Services – candy

Madison County Health Department – information about adult immunizations and ticks

Madison County Office for the Aging, Inc.

Madison County Rural Health Council, Inc. – apples, water, new chronic pain self-management workshop

Madison County Veterans Service Agency

Mid York Library System

Nascentia Health – pens, post-its, hand sanitizer

National Library of Medicine Health Information

New York State Comptroller, Office of Unclaimed Funds - search for unclaimed funds

New York State Department of Tax & Finance, Office of Real Property Tax Services – 2019 changes to exemptions for property owners ages 65 and over

New York State EPIC Program

New York State Funeral Directors Association – giveaway wheel, small giveaway picture frame

New York State Office for the Aging

New York State Office of the Attorney General

New York State Police

Oneida Health Support

Oneida Healthcare – giveaways

Oviatt Hearing & Balance

Seniors Helping Seniors

The Grand Healthcare Rehabilitation and Nursing Chittenango – door prize

United Medical House Calls

University Geriatricians – eyeglass cleaning cloths, magnifying glasses

Upstate Cancer Center – survivor gifts

United States Department of Agriculture Rural Development – Section 504 Home Repair Program, Community Facilities Program, Multi-Family Housing Program

Walgreen's – flu, pneumonia, tetanus booster vaccines (with insurance card and co-payment or cash)