

Lyme Disease continues to be a very serious health issue across New York State

BETTY LITTLE September 20, 2019

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Taking steps to avoid exposure to Lyme Disease or other tick-borne illnesses is our best defense.

Lyme Disease continues to be a very serious health issue across New York State, including the North Country and Adirondack regions I represent. In fact, research conducted the past several years by a scientist at Paul Smith's College has shown that the threat is growing rapidly in our area.

At this time, taking steps to avoid exposure to Lyme Disease or other tick-borne illnesses is our best defense. Knowing the signs of a potential infection is also very important as well as where you can mail a tick that you may recover off yourself, a loved one or a pet for analysis.

My office is pleased to offer information to families, schools and others about Lyme Disease. We live in an incredible area with so much to enjoy outdoors. Being vigilant is important and sharing this information with everyone, especially children, will help ensure fewer people are infected and suffer as a result of this challenging disease.