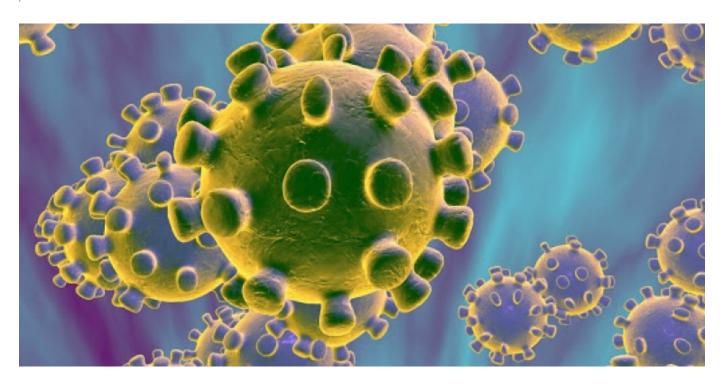


## Information On The Coronavirus

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Recently there has been growing concern about the spread of Novel Coronavirus (COVID-19). Although there are still no confirmed cases in New York State, it is important to begin preparing for the possibility of its arrival here. The links below provide useful information about the virus, and precautions you can take to minimize the risk of infection.

NYS Dept. of Health – https://www.health.ny.gov/diseases/communicable/coronavirus/

## US Center for Disease Control and Prevention – https://www.cdc.gov/coronavirus/2019-ncov/index.html

Everyday preventative actions can help stop the spread of this and other respiratory viruses:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Individuals who are experiencing symptoms and may have traveled to areas of concern or
  have been in contact with somebody who has traveled to these areas should call ahead to
  their healthcare provider before presenting for treatment.