



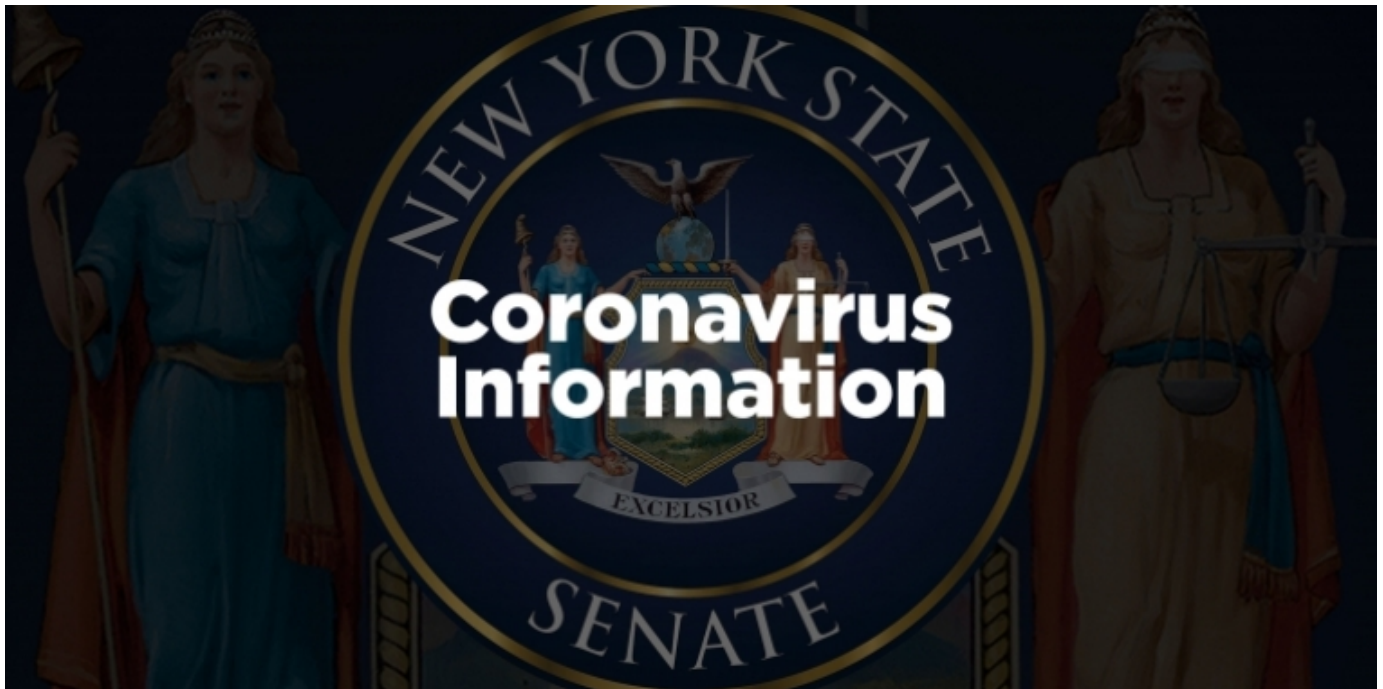
NEW YORK STATE SENATOR

Anna M. Kaplan

## Coronavirus (COVID-19) Information

SENATOR ANNA M. KAPLAN March 7, 2020

| ISSUE: **CORONAVIRUS**



With Nassau County now having confirmed cases of the coronavirus, it's important that we all do our part to stay safe, and know the facts about the situation.

The coronavirus causes a disease called COVID-19 and can lead to fever, cough and shortness of breath, but it's important to know that the disease is rarely serious, and in approximately 80% of cases, will resolve on its own. Those at greatest risk of complications from this virus are older adults and those with underlying health conditions.

## **PREVENTION IS KEY: HERE'S HOW YOU CAN HELP**

Wash your hands often with soap and water for at least 20 seconds.

If soap and water are not available, use an alcohol-based hand sanitizer.

Avoid touching your eyes, nose and mouth with unwashed hands.

Avoid close contact with people who are sick.

Stay home when you are sick.

Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

Clean and disinfect frequently touched objects and surfaces.

If you start to feel unwell, contact your doctor.

## **MORE INFORMATION AND HELP IS AVAILABLE**

For the latest information as it develops, please visit the New York State Health Department Coronavirus Website at:

<https://www.health.ny.gov/diseases/communicable/coronavirus/>

For live assistance, call the New York State Department of Health 24/7 Coronavirus Hotline at: **1-888-364-3065**