



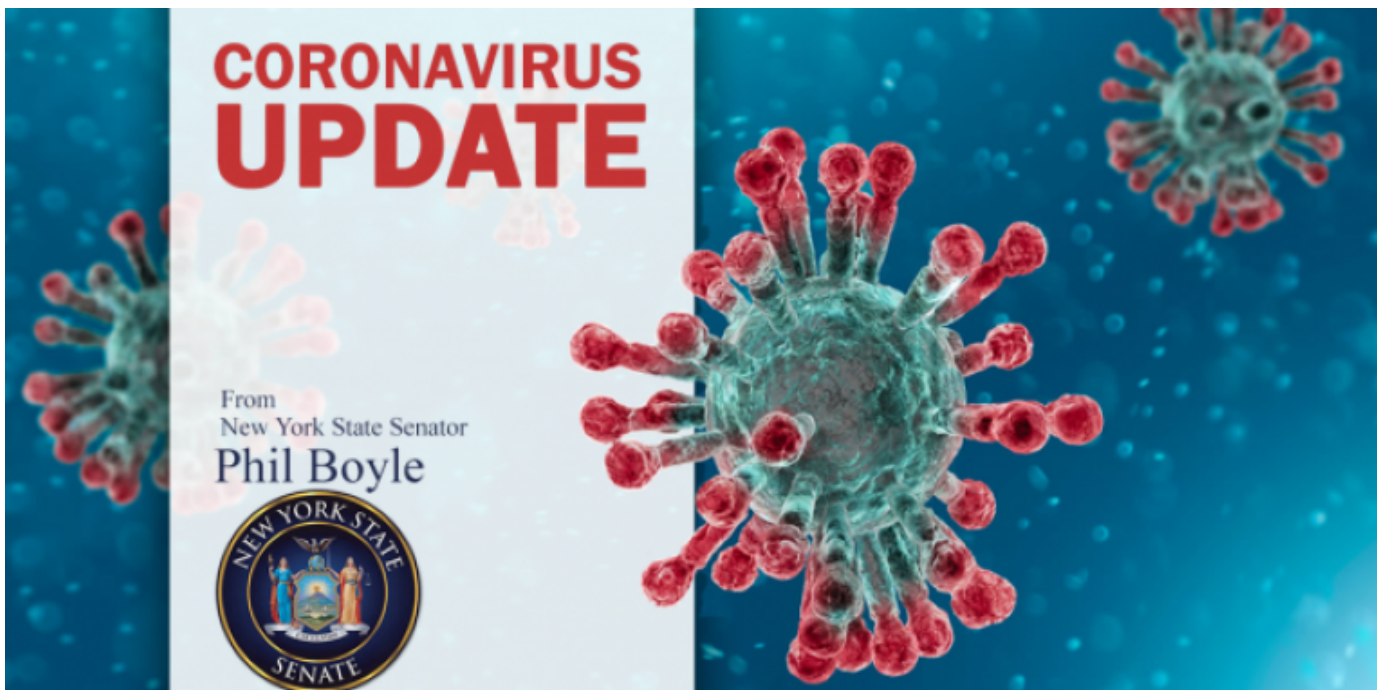
NEW YORK STATE SENATOR

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## COVID-19 Resources

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| ISSUE: **COVID-19, UNEMPLOYMENT, COVID-19 TESTING, COVID-19 PANDEMIC**



Updates and Resources for handling the COVID-19 pandemic.

It's important we are all knowledgeable and updated on the COVID-19 pandemic. During this time, there is no need to panic. We should do our best to follow recommendations from the state and federal governments, and the Centers for Disease Control (CDC). Such as:

- Stay home as much as possible.
- Keep a safe distance of 6 feet from others in public spaces.

- Avoid gatherings of more than 10 people.
- Wash your hands frequently and for at least 20 seconds.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Clean and disinfect surfaces daily.
- Stay home if you're sick.

All non-essential businesses such as gyms, theaters, and casinos will remain closed until further notice. Bar and restaurants will be closed for dining in, but takeout is still available during this closure. Only essential services and businesses should remain open after 8:00pm. Many schools districts are offering breakfast and/or lunch pick up.

**If you need any information regarding COVID-19 please consider calling the NYS Department of Health COVID-19 hotline at 1-888-364-3065.**

Suffolk Residents can now **text COVIDSUFFOLK to 67283** to receive latest developments and health guidance.

**Drive-thru testing sites** are now available at the Theodore Roosevelt Nature Center Parking lot at Jones Beach, and Stony Brook University in South "P" Parking lot. The sites will operate by APPOINTMENT ONLY. First call 1-888-364-3065 to schedule an appointment and be pre-screened over the phone.

Lastly, there are **new rules for filing unemployment claims** with the Department of Labor. Due to an overwhelming amount of applicants in light of the Corona Virus, applicants can now apply by day based on their last names. NEW claimants with last names starting with A through F should apply on Mondays, G-N on Tuesdays and O-Z on Wednesdays. Thursdays and Fridays are for people who missed their filing day. Additionally, new claimants can apply online or by phone at 1-888-209-8124, from 8AM to 7:30PM. Monday through Thursday and

8AM to 6PM on Friday. Saturday hours have been added, from 7:30AM to 8PM.

**Helpful Links:**

- [NYS Department of Health](#)
- [CDC COVID-19](#)

Although, this is an unprecedented period in history we should remain confident that following the recommendations and respecting other individual's wellness will get us through this difficult time. Feel free to call my office with any questions at (631) 665-2311. We are here to help!