



NEW YORK STATE SENATOR  
Anna M. Kaplan

## Coronavirus (COVID-19) Community Resources

SENATOR ANNA M. KAPLAN April 16, 2020

| ISSUE: [CORONAVIRUS](#), [COVID-19](#), [COMMUNITY RESOURCES](#), [HEALTH EQUITY](#)

**Coronavirus  
Community  
Resources**  
Senator Anna M. Kaplan

Dear Friend,

## **Nassau** Coronavirus Update

**Click Here** to get Nassau Coronavirus Email Updates delivered to your inbox.

We're living through an unprecedented moment in our shared history, and as a State Senator, I've been focused on doing everything I can to support my constituents during this impossible time. With so much change taking place so quickly, it can be hard to keep track of everything that effects you and your family. To help, I've created a newsletter called [Nassau Coronavirus Update](#), which you can have [delivered straight to your inbox](#) by clicking the button above or below. My staff and I have also assembled this comprehensive resource guide to help you access important programs and services.

It's my great honor and privilege to be your Senator, and I want you to know that I'm here for you through this, and I'm always here to help you and your family with whatever I can. Don't hesitate to contact my office at any time if I can be of service.

Sincerely,

A handwritten signature in blue ink that reads "Anna M. Aspelon". The signature is written in a cursive style with a horizontal line underneath the name.

# Nassau Coronavirus Update



**Click Here** to get Nassau Coronavirus Email Updates delivered to your inbox.

*Click here to get Nassau Coronavirus Email Updates  
Delivered to your Inbox*

## *Our Office*

- Our District staff is fully available to assist you over the phone or email. Please reach out to us if you have any questions! We would love to hear from you.
  - Phone: 516-746-5924
  - Email: [kaplan@nysenate.gov](mailto:kaplan@nysenate.gov)
  - Facebook: <https://www.facebook.com/AnnaMKaplan/>
  - Twitter: <https://twitter.com/AnnaMKaplan>
  - Instagram: <https://www.instagram.com/senatorannakaplan/>

**v allows for you to find COVID and Flu vaccination locations - both private and public, by appointment or**

in be made at many local pharmacies at [Vaccines.gov](https://www.vaccines.gov)

al pharmacy or provider, or call our District Office at 516-746-5924 and Kevin will be happy to help y

-741 to access 24/7 emotional support services.

[here](#) and for iOS [here](#).

Health Commissioner and following an [emergency resolution](#) passed by the NYS Public Health and

and foreclosure cases in New York State, including freezing proceedings until at least August 31, 20

Protection's [website for more information](#), including their section on Frequently Asked Questions:

o 10 minutes of questions.

ing the pandemic.

ancer screenings to men and women over the age of 50 years. For more information, contact them by

pus.

lease contact your provider of choice to schedule your vaccine appointment. Vaccination can be bo

& Johnson vaccine requires only one dose. *Appointments are not transferrable.*

-833-NYS-4-VAX (1-833-697-4829). Once you have successfully scheduled an appointment, you will rec  
ll need to bring the submission ID to your appointment. If you cannot submit the form online, it wi  
al consent either while accompanying the minor to the vaccination appointment, or by phone at th

Following your first dose. You will receive a confirmation email with details about your second dose appointment.

If you have not been fully vaccinated or tested negative for COVID-19 in the State of New York.

For more details about retrieving a Pass are available in the "Retrieving a Pass" section of the FAQs.

Your Pass belongs to you.



ndemic activities.

nd COVID-19 testing databases.

e at this time

guidelines or for other purposes.

the tab selection above this one.)

**I regardless of insurance or immigration status.\*\***

organizations, you are advised to check with the testing site and your insurer before being tested t

*other patients.*

*at 1-888-364-3065 or 311 to receive assistance.*

***hotline: 1-800-428-9071.***

child is experiencing symptoms such as prolonged fever, severe abdominal pain, change in skin colo

protect patients during screenings, and urging residents in Nassau County to continue to receive their

support, referrals, information, or other related services.

[p/support-groups/](#)

screenings, regardless of immigration status. Staying healthy right now doesn't just mean from cor

tion and awareness of dialysis and kidney disease issues. While the website can be translated into 1

**and foreclosure proceedings until May 1, 2021. If you are experiencing evict**

eviction proceedings and foreclosure actions in New York State, including, among other things:

December 28, 2020 for sixty days.

opportunity to initially apply and those who may have been previously ineligible.

all Center representatives are available Monday-Friday 8:30 a.m. until 5 p.m.

on [HCR's website](#) in the coming days.

e towards rent.

ore information.

e to delay making your monthly mortgage payments for a temporary period. [Click here for more info](#)  
le a report.

n regulations for quarantine. There is now a two-step exception for travelers who obtain timely test

ust obtain a diagnostic test on the fourth day after arrival in New York.

e duration of time in New York.

or proximate contact with a person with COVID19.

difficulty of adherence to the guidelines that govern such exemptions, and must be tested on day 4

appointment but must otherwise remain quarantined. For further information, see the [Department](#)

1, 2021. To renew your driver license, please see the DMV's [How to Renew a License page](#).

1, 2020, or after - and vehicle inspections that expired March 31, 2020 or after, **are no longer valid**. After

non-driver ID online now and upgrade to a REAL ID or an EDL in a DMV office when we resume those

[businessexpress.ny.gov/app/nyforward](https://businessexpress.ny.gov/app/nyforward)

schedule an appointment, and you can do so by calling at 800-732-7232, or visiting [nysbdc.org/appointments](https://nysbdc.org/appointments)

existing small business **Upcoming training topics** range from business plan writing, crowdfunding, s

[Learn more about the program and how to apply.](#)

ing discussion with experts from the US Small Business Administration, the Farmingdale Small Bus

**eral COVID-19 assistance.**

es proposals like refunds for certain building department fees, extended hours for commercial cons  
ormation, guidance, tools, and support for a wide variety of businesses, from restaurants, to retailer

[hofstra.edu/community/bdc/index.html](http://hofstra.edu/community/bdc/index.html) or contact [bdc@hofstra.edu](mailto:bdc@hofstra.edu) or call 516-463-7214.

<https://lafuerzacdc.org/> or call or text 516-666-5071, or email [Covid19@Lafuerzacdc.org](mailto:Covid19@Lafuerzacdc.org)

on \$2.5 billion. For more information, visit <http://www.uschamber.com/report/guide-the-main-street>

[Consumer Protection's website](#) for more information.

Utilities and municipalities may not shut off your service for nonpayment, must reconnect your service

your account from shutoff.

fees or penalties. You may be required to submit a financial statement or documentation to your ser



you document a job loss, pay cut, unemployment filing or other change in your finances as part of 1  
ayment agreement to help you keep current on your bills.

oil, propane, and wood. Contact your local Department of Social Services or [otda.ny.gov/programs/](http://otda.ny.gov/programs/)  
:00 pm) or [www.dps.ny.gov/complaints](http://www.dps.ny.gov/complaints).

.ving Break. Students had to test negative for COVID-19 within the 10 days prior to leaving campus.

enting students from reaching out, being turned down, getting frustrated, and ultimately abandoni

r/school.

als already underway, including those with a jury, will continue until their conclusion. All non-jury

except for bails). All property will be retained at the facility for future release/pick-up.

pecific time limit for the commencement, filing, or service of any legal action, notice, motion, or other  
ons of the Family Court Act remain in effect until November 18, 2020 and thereafter continue to rem

ecklist.

if they wear an acceptable face covering at all times (except while eating or drinking, during which

ons areas.”

tolerate such covering.”

documented by a certified HVAC technician, professional, or company, ASHRAE-certified professional,

is not feasible.

, in areas where they would not impair air flow, heating, cooling, or ventilation.

elines.

o their operations.

lopment and wellbeing, especially in times of heightened stress. Your call will be returned by an inf.  
**is, call: 833-487-2273.**

ding health care providers, law enforcement, food delivery workers, grocery store employees and ot

science of Coronavirus” and it's available FREE for download to anyone who is interested. *If you hav*

**to feel these or related emotions, please reach out to friends, family, or the**

and there are people who are standing by to help you through it. Call 844-863-9314 for more information. **Legislation that would improve access to coverage for services and safeguard all New Yorkers** is currently being reviewed. If you are interested in participating in a focus group, please simply visit [headspace.com/ny](https://headspace.com/ny).

**For those who have lost loved ones to the COVID-19 virus.** For more information and to register, go to [headspace.com/ny](https://headspace.com/ny). If your support group or community training may be on pause for a while, you can now do it remotely just like before.

**In a difficult and unsafe situation, know that you're not alone, and you're not trapped. There is help—text 844-997-2121 or visit [headspace.com/ny](https://headspace.com/ny).**

be protected by personnel at the hotline.

price gouging in Nassau County by email to: [pricegouging@nassaucountyny.gov](mailto:pricegouging@nassaucountyny.gov).

**ions about unemployment benefits.**

**a number of different fields from businesses looking to hire immediately. Vi**

e and provides for expansion of voting by mail.

overnments which have been devastated by the effects of this virus be given financial assistance in

and others) who are unable to work as a direct result of the coronavirus emergency. For more info

mediately, employees in New York subjected to mandatory or precautionary orders of quarantine o

er week).

[y Leave resource site](#) or call the Paid Family Leave toll-free helpline at (844)337-6303.



' and your employer must have 50 or more employees. For more information, please visit [the U.S. De](#)

's Labor Bureau: 212-416-8700.

on of existing state labor laws or any recent executive orders that are potentially putting workers in

[it an application online](#) or visit the [OAG's coronavirus website](#) to learn more about the suspension of

sland Harvest can walk you through the online application by telephone or complete a short intake  
are unable to get to any of these locations and are in need of immediate help or you know of somec  
s, etc.).

## **I a time we're going through:**

ntry also offers toys, pet clothes, feeding bowls, cat litter and other pet supplies. Free pet food is avai

ices, temporary shelter, and supplemental care. Call 516-843-7722 24 hours a day, 7 days a week for a

ou if you heat your home with: oil, natural gas, electricity, or propane. Find out more or apply online  
may have a maximum gross monthly income of \$5,019 or an annual gross income of \$60,226 and still  
AP contacts:

ities and municipalities may not shut off your service for nonpayment, must reconnect your service

COVID-19 pandemic to protect your account from shutoff.

agreements with no money down, late fees or penalties. You may be required to submit a financial s

xplanation of your rights under the Executive Order can be found [here](#).

may be refused service. NICE has provided their updated [cleaning, precautions, and response](#) policy

lyn businesses surrounding the Clock Tower, Industrial Park and Fairway Drive, among other estak

tions.

andemic. The study demonstrated that Covid fatalities in nursing homes were related  
I strongly encourage you to **learn more about the study and its findings** or **read the re**

. There will be a limit of two visitors able to visit a resident at a time, with one of them being at least

seniors in the Project Independence program, and is designed to provide a sense of reassurance and

lers, and will inspect any facilities found out of compliance with any of these rules, including staffing polici

nut butter, and soup. To qualify, you must be 60 or over, a NY State resident (US & Non-US citizens are el

shopping program to seven days per week, town-wide. TONH Residents can call 311 to make an appointm

University Medical Center in East Meadow, and is open Monday-Friday from 9 AM to 12 PM. Conta

es across a range of functions, including Web/Mobile Development, Data Science/Analytics, End Us

ie convalescent plasma method, and you can learn more and donate by visiting <https://www.nybc.org>  
assistance next week. Lawyers interested in volunteering can sign up at [www.nysba.org/covidvolur](http://www.nysba.org/covidvolur)  
cepting donations for the fund, and received an anchor \$10 million contribution from Blackstone. D  
**their 24/7 hotline at 516-742-3170 for a more urgent situation.**

**ing used.** Businesses interested in selling products to the state should contact Simonida Subotic at 6  
esses interested in receiving state funding to manufacture PPE products should contact Eric Gertle:

[nybloodcenter.org](http://nybloodcenter.org) for more information.

through our present crisis. The site is currently open to volunteers and those seeking help. **Click h**  
es it to purchase food at local restaurants in our community, and brings the food to our healthcare l  
fill resident in need of assistance, or any resident interested in volunteering, contact 516-627-5000 or

**gage in to keep healthy both physically and mentally during this difficult time**

icer Program [website here](#).

id writer, or you've never taken the journey on your own, now is a great time to explore your story.

unteer attorney who will assist you through a consultation.

is taking place Wednesday, July 15, is presented by Daniel Mazzola CFA, CPA in partnership with th

**and in that region. To guide the decision on timing, four key metrics will be used: the number of new infect**

er similar institutions/activities.

review the science and facts on their reopening.

or airflow into the space, reduced circulation, longer system run times and frequent filter checks.

; for ensuring player safety, can be found on [Governor Cuomo's website](#).

**rk City restaurants, and under it, any establishment that receives three violations will be closed for busines**

socially distanced by six feet or separated by a physical barrier. Under current law, only establishme





in to move through to another phase. The guidance recommends that schools remain closed in the

steps for ensuring player safety, can be found on [Governor Cuomo's website](#)

**Report provides guidelines for health and safety, facilities, nutrition, transportation**

**Implement a condensed season schedule in January 2021 if high school sports remain prohibited, visit <http://nysphsaa.org/>**

ation, [click here](#).

ul education department has announced that they will grant waivers to states in these circumstances

The organization said it is also considering administering the test at home if schools remain closed during the **pandemic**. It advises that high school sports return in three phases. In the first, there are highly modified

ocial events, reading challenges, fun activities, and more – throughout the summer months from Ju  
id writer, or you've never taken the journey on your own, now is a great time to explore your story.

[gliny.com/businessandcontractorservices/businessandcommercialsavings/](https://www.businessandcontractorservices.com/businessandcommercialsavings/)

g discussion with experts from the US Small Business Administration, the Farmingdale Small Busir

ons. To apply, go to <https://covid19relief.sba.gov/#/>

nistration to resume approving PPP loan applications. As of 7/7/20, there is still more than \$130 billion ava  
you determine whether or not your business is eligible to reopen. *Check it out at [ral Covid-19 assistance. The program will take a smart, targeted approach for distributing these loan](https://www.businessse</a></i></p></div><div data-bbox=)*

roposals like refunds for certain building department fees, extended hours for commercial constru  
e, tools, and support for a wide variety of businesses, from restaurants, to retailers, to service businesses, m

appointment, and you can do so by calling at 800-732-7232, or visiting [nysbdc.org/appointment.html](https://nysbdc.org/appointment.html)

[hofstra.edu/community/bdc/index.html](https://hofstra.edu/community/bdc/index.html) or contact [bdc@hofstra.edu](mailto:bdc@hofstra.edu) or call 516-463-7214.

<https://lafuerzacdc.org/> or call or text 516-666-5071, or email [Covid19@Lafuerzacdc.org](mailto:Covid19@Lafuerzacdc.org)

an \$2.5 billion. For more information, visit <http://www.uschamber.com/report/guide-the-main-street>

visit [Language Support](#).

**ov/RRP** Eligible households must meet income requirements and must have lost income during the  
**currently in development, check out the New York Times Coronavirus Vaccine Tracker for up-to-date info**

No sure whether you're ready to resume business? Use CDC's decision tools as a start. <https://www>

r every school district in the state.

**Election Day is Tuesday, November 3, 2020**

ow York State's young people - but their hopes for a better society in which all of us are valued for w

facility before the pandemic.

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aboration mural of a person who inspires them. The halls of Meadow Drive are filled with colorful n

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