



NEW YORK STATE SENATOR

Thomas F. O'Mara

## **Senator O'Mara's weekly column 'From the Capitol' ~ for the week of March 29, 2020 ~ 'Staying focused, moving forward'**

[Thomas F. O'Mara](#)

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- [COVID-19](#)



These days continue to be unimaginably demanding and disorienting. Challenging weeks remain. Consequently, we have to keep reaching out. I have said many times: One way we can stay together is by staying informed.

Senator O'Mara offers his weekly perspective on many of the key challenges and issues facing the Legislature, as well as on legislative actions, local initiatives, state programs and policies, and more. Stop back every Monday for Senator O'Mara's latest column "From the Capitol..."

This week, "Staying focused, moving forward"

[See above attached copy of Senator O'Mara's column in The Leader on March 29, 2020]