

## 2021-J188

Senate Resolution No. 188

BY: Senator BIAGGI

MEMORIALIZING Governor Andrew M. Cuomo to proclaim  
October 10, 2021, as Mental Health Day in the State  
of New York, in conjunction with the observance of  
World Mental Health Day

WHEREAS, It is the custom of this Legislative Body to recognize  
official days that are set aside to increase awareness of issues that  
affect the lives of citizens of New York State; and

WHEREAS, Attendant to such concern, and in full accord with its  
long-standing traditions, it is the sense of this Legislative Body to  
memorialize Governor Andrew M. Cuomo to proclaim October 10, 2021, as  
Mental Health Day in the State of New York, in conjunction with the  
observance of World Mental Health Day; and

WHEREAS, World Mental Health Day was observed for the first time in  
1992 and continues to be the official day of commemoration every year;  
it was started as an annual activity of the World Federation for Mental  
Health by the then Deputy Secretary General Richard Hunter; and

WHEREAS, World Mental Health Day has become the largest and most  
widely promoted education and advocacy program of the World Federation  
for Mental Health; and

WHEREAS, Every year, approximately 42.5 million American adults suffer from some mental illness, enduring conditions such as depression, bipolar disorder or schizophrenia; these conditions lead to physical harm or even death; and

WHEREAS, In New York, one in five people have a mental health disorder with 8% of the population suffering from symptoms of depression; and

WHEREAS, The objective of World Mental Health Day is to raise awareness of mental health issues around the world and to mobilize efforts in support of mental health; the day provides an opportunity for all stakeholders working on mental health issues to talk about their work and what needs to be done to make mental healthcare a reality for people worldwide; now, therefore, be it

RESOLVED, That this Legislative Body pause in its deliberations to memorialize Governor Andrew M. Cuomo to proclaim October 10, 2021, as Mental Health Day in the State of New York, in conjunction with the observance of World Mental Health Day; and be it further

RESOLVED, That a copy of this Resolution, suitably engrossed, be transmitted to The Honorable Andrew M. Cuomo, Governor of the State of New York.