



NEW YORK STATE SENATOR

Anna M. Kaplan

## Senator Anna M. Kaplan Urges Residents to Continue Regular Mammograms During the Pandemic and Shares Resources for Breast Cancer Survivors

ANNA M. KAPLAN February 2, 2021

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**CARLE PLACE, NY (February 1, 2021)** - Amid **reports** that many people have chosen to postpone preventative cancer screenings and mammograms during the pandemic, **State Senator Anna M. Kaplan** (D-Great Neck) is reminding residents of safety measures that are in place to protect patients during screenings, and urging residents in Nassau County to continue to receive their annual, potentially life-saving mammograms.

**Senator Anna M. Kaplan** said "We all know that when it comes to breast cancer, early detection saves lives, so it's important that women continue to get routine mammograms even during the pandemic. Medical offices have taken extraordinary measures to protect patients from COVID-19, so you can feel safe getting this critically important screening done."

For individuals who have faced job loss and/or lack health insurance, The Adelphi NY Statewide Breast Cancer Hotline & Support Program can assist with free and/or low-cost mammography screening resources (in English and Spanish) through its Sisters United In Health Initiative. Anyone interested in learning more may call 516-877-4331

"We understand that feeling hesitant or fearful about obtaining a screening during this time is normal," says **Reyna Machado, the director of the Adelphi NY Statewide Breast Cancer Hotline & Support Program**. "Now, however, as New York is opening up, it is possible to safely get a mammogram."

The Adelphi NY Statewide Breast Cancer Hotline & Support Program is available to anyone who is worried about breast cancer, or who needs support, referrals, information, or other breast cancer services and can be reached at 800-877-8077. For more information, visit <https://breast-cancer.adelphi.edu/>

**Karen Kostroff, M.D., FACS and Chief of Breast Surgery at the Northwell Health System and board member of the Adelphi Breast Cancer Program**, says, "We needed some time to prepare our offices, and put the measures in place so we could care for our patients' safety. Today our breast imaging offices are clean and safe and open for patients. It is very important for women to return for mammography, and not to skip this year."

Lastly, the Adelphi NY Statewide Breast Cancer Hotline & Support Program has numerous virtual breast cancer support groups available to residents in our community. Learn more and pre-register at: <https://breast-cancer.adelphi.edu/we-can-help/support-groups/>