

## 2021-K574

Assembly Resolution No. 574

BY: M. of A. Kim

RECOGNIZING November 22, 2022, as Kimchi Day and honoring the history and importance of a beloved food staple first introduced in the United States and the State of New York by the Korean American community

WHEREAS, It is the custom of this Legislative Body to honor and commemorate relevant cultural artifacts that have had a significant and lasting impact on the world and the lives of countless residents in the State of New York; and

WHEREAS, Kimchi is a traditional dish in Korean cuisine with a long, rich history that began over two millennia ago during the period of the Three Kingdoms of Korea; and

WHEREAS, Korean Americans represent a vibrant, growing community in New York whose predecessors first arrived in America over a century ago, and whose members have gone on to become an indispensable part of the fabric of America; and

WHEREAS, In 2013, the United Nations Educational, Scientific, and Cultural Organization officially recognized the Korean traditional process of preparing kimchi, "Kimjang", on its Representative List of the Intangible Cultural Heritage of Humanity; and

WHEREAS, The greater New York metropolitan area is home to one of the largest and most vibrant communities of Korean Americans who represent a long and storied part of the American fabric and have made numerous contributions to science, law, business, art, and many other fields; and

WHEREAS, Kimchi has been widely acknowledged as a probiotic food item with well-established positive health benefits, serving as an excellent source of beta-carotene, calcium, potassium, dietary fiber, and vitamins A, B, C and K, which can lower rates of heart disease, cancer, stroke, and diabetes; and

WHEREAS, The growing interest and popularity of kimchi as a dish in America and the State of New York, as evidenced by an increase in available kimchi-related food products, restaurant menu items, and interest from non-Korean consumers represents a positive example of multicultural exchange; and

WHEREAS, Kimchi is celebrated in Korea, the land of its origin, each year through the designation of November 22nd as Kimchi Day; now, therefore, be it

RESOLVED, That this Legislative Body pause in its deliberations to recognize November 22, 2022, as Kimchi Day and to honor the history and importance of a beloved food staple first introduced in the United States and the State of New York by the Korean American community; and be it further

RESOLVED, That copies of this Resolution, suitably engrossed, be transmitted to the Korean American communities throughout the State of New York.