

## 2021-J2044

Senate Resolution No. 2044

BY: Senator RIVERA

MEMORIALIZING Governor Kathy Hochul to proclaim  
May 17, 2022, as Hypertension Day in the State of  
New York

WHEREAS, It is the custom of this Legislative Body to recognize  
official days that are set aside to increase awareness of serious health  
issues that affect the lives of residents of New York State; and

WHEREAS, Attendant to such concern, and in full accord with its  
long-standing traditions, it is the sense of this Legislative Body to  
memorialize Governor Kathy Hochul to proclaim May 17, 2022, as  
Hypertension Day in the State of New York, in conjunction with the  
observance of World Hypertension Day; and

WHEREAS, Organized by the World Hypertension League (WHL) in 2005,  
World Hypertension Day is celebrated every year on the 17th of May to  
raise public awareness about hypertension, its preventive measures and  
its complications; and

WHEREAS, This year's theme is, "Measure Your Blood Pressure  
Accurately, Control It, Live Longer", focusing on combatting low  
awareness rates worldwide, especially in low to middle income areas, and  
accurate blood pressure measurement methods; and

WHEREAS, Blood pressure is the force of blood pushing against the

walls of your arteries as the heart pumps blood; hypertension, or abnormally high blood pressure, is a common disease in which blood flows through blood vessels, or arteries, at higher than normal pressures; and

WHEREAS, Risk factors for hypertension include: unhealthy lifestyle habits, age, family history and genetics, race and ethnicity and sex; healthy lifestyle changes can decrease your risk for developing high blood pressure, however cannot reverse most genetic causes; and

WHEREAS, High blood pressure usually does not cause symptoms until serious complications occur, making regular blood pressure readings extremely important; undiagnosed or uncontrolled high blood pressure can cause aneurysms, chronic kidney disease, eye damage, heart attack, heart failure, stroke, dementia and disease of the arteries; and

WHEREAS, The high prevalence of hypertension exacts a tremendous public health burden; as a primary contributor to heart disease and stroke, the first and third leading causes of death worldwide, high blood pressure was the top modifiable risk factor for disability adjusted life-years lost worldwide in 2013; and

WHEREAS, Globally, hypertension is estimated to cause 7.5 million deaths, about 12.8% of the total of all deaths; this accounts for 57 million disability adjusted life years (DALYS) or 3.7% of total DALYS; and

WHEREAS, An estimated 26% of the world's population (972 million people) has hypertension, and the prevalence is expected to increase to

29% by 2025, driven largely by increases in economically developing nations; furthermore, high blood pressure affects nearly a third of the adult population and is the most common cause of cardiovascular

disease-related deaths; and

WHEREAS, It is estimated over 103 million American adults (1 in 3 adults) or 46% of the total population is diagnosed with hypertension; the death rate from high blood pressure increased by nearly 11% in the United States between 2005 and 2015, and the actual number of deaths rose by almost 38%, up to nearly 79,000 by 2015; and

WHEREAS, In New York State, an estimated 4.9 million people, or 31.7% of the adult population, have been diagnosed with hypertension; additionally, an estimated 1.8 million New York City residents, or one in four adults, are self-reported with hypertension, a city-wide increase of 11% over the past decade; and

WHEREAS, Through public awareness, this Legislative Body seeks to minimize the devastating effects of hypertension among the citizens of the State of New York; now, therefore, be it

RESOLVED, That this Legislative Body pause in its deliberations to memorialize Governor Kathy Hochul to proclaim May 17, 2022, as Hypertension Day in the State of New York; and be it further

RESOLVED, That a copy of this Resolution, suitably engrossed, be transmitted to The Honorable Kathy Hochul, Governor of the State of New York.