



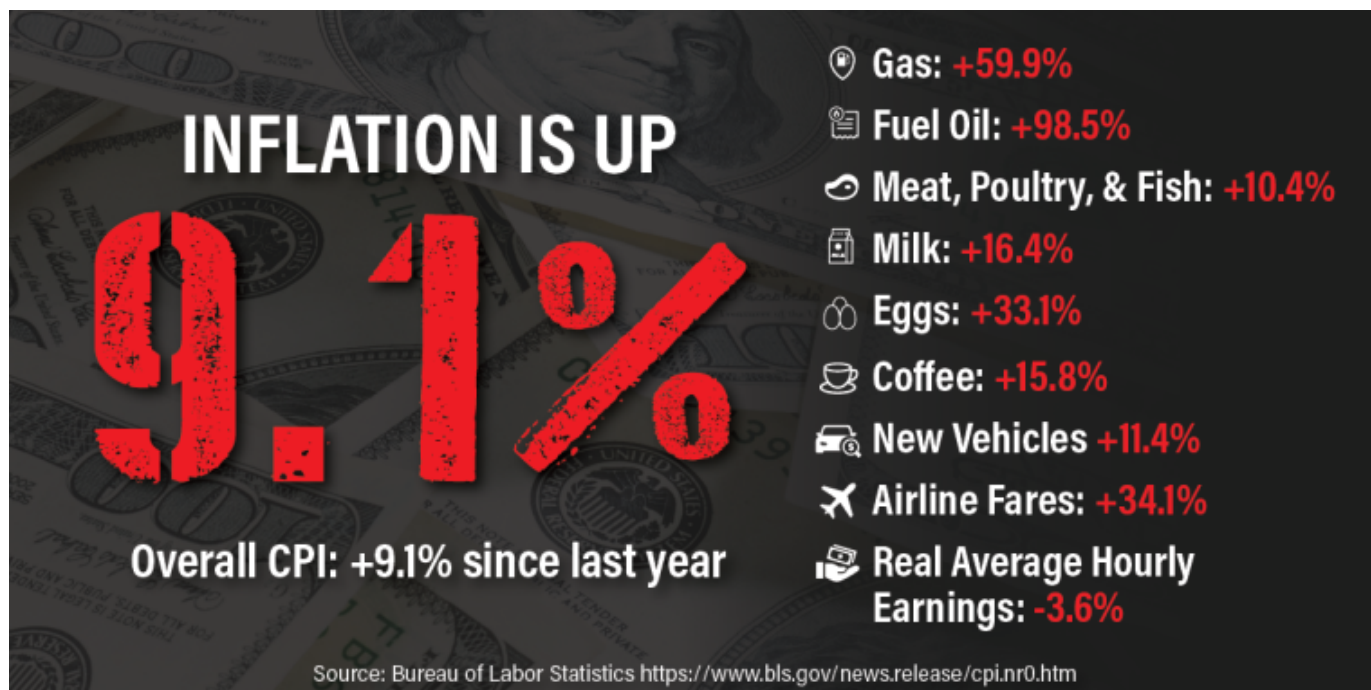
NEW YORK STATE SENATOR

Pamela Helming

# Senator Helming and Senate Republicans Release Inflation Relief Plan

[Pamela Helming](#)

August 2, 2022



**"Over the last several months, we've seen the state Senate act with urgency on other issues. We should be addressing the crisis of affordability with the same urgency. Relief must be a priority." - Senator Helming**

The New York State Senate Republican Conference released a detailed [inflation report](#) on historic, record-high [inflation](#) and unveiled a plan to provide taxpayers, families, and businesses much-needed relief.

The comprehensive report shines a light on the true struggles of everyday New Yorkers under surging costs. It highlights where and how much prices have increased, how incomes, wages, and household budgets have been affected, and analyzes overall consumer sentiment.

It also proposes multi-pronged solutions, including enacting a state spending cap, cutting energy costs, providing targeted tax relief, reducing the cost of child care, supporting farmers, improving the state's business climate, reducing health care costs, lowering housing costs, and strengthening the labor force.

"We have an affordability crisis in New York State. Everywhere I go in my district, my constituents make it clear: the cost of living is too high and for too many, it is unbearable. Gas, groceries, utilities and more are becoming too expensive for the average New Yorker. We need to provide every taxpayer with immediate and broad-based tax relief. We need to reject proposals that drive up costs for businesses, farmers, families and seniors. Over the last several months, we've seen the state Senate act with urgency on other issues. We should be addressing the crisis of affordability with the same urgency. Relief must be a priority," said Senator Pam Helming.

Read the report and plan [here](#).

## NYS Senate Republican's plan to address rising cost and provide relief:



Enacting a Permanent Cap on Runaway State Spending



Cutting Energy Costs



Preventing "Stealth Tax Increases" by Adjusting Tax Brackets for Inflation



Providing Targeted Tax Relief



Reducing the Cost of Childcare and Supporting Families



Supporting Farmers and the Agriculture Industry



Improving the State's Business Climate



Reducing Healthcare Costs



Lowering Housing Costs



Strengthening the Labor Force