

## 2023-K175

Assembly Resolution No. 175

BY: M. of A. Benedetto

MEMORIALIZING Governor Kathy Hochul to proclaim  
March 10, 2023, as Social Emotional Learning Day in  
the State of New York

WHEREAS, It is the custom of this Legislative Body to recognize  
official days that are set aside to increase awareness of serious issues  
that affect the lives of citizens of New York State; and

WHEREAS, Attendant to such concern, and fully in accord with its  
long-standing traditions, this Legislative Body is justly proud to  
memorialize Governor Kathy Hochul to proclaim Friday, March 10, 2023, as  
Social Emotional Learning (SEL) Day in the State of New York, in  
conjunction with International SEL Day on Friday, March 10, 2023; and

WHEREAS, The theme for SEL Day 2023 is "Uplifting Hearts, Connecting  
Minds"; and

WHEREAS, Social emotional learning (SEL) is the process through  
which all young people and adults acquire and apply the knowledge,  
skills, and attitudes to develop healthy identities, manage emotions and  
achieve personal and collective goals, feel, and show empathy for  
others, establish, and maintain supportive relationships, and make  
responsible and caring decisions; and

WHEREAS, Essential to success in our schools, workplaces, homes, and

communities, SEL competencies develop throughout our lives and allow individuals to contribute meaningfully to society; and

WHEREAS, With awareness for SEL on the rise, top companies are beginning to emphasize the importance of social and emotional skills; success for the next generation of employees and entrepreneurs requires self-awareness, self-management, and responsible decision making; and

WHEREAS, Results from a landmark meta-analysis show that SEL interventions that addressed the five core competencies of self-awareness, self-management, social awareness, relationship skills, and responsible decision-making, increased academic performance by 11%, improved students' ability to manage stress, and improved attitudes about self, others, and school; and

WHEREAS, Research suggests that evidence based SEL programs are more effective when they include strategies for family and community engagement; and

WHEREAS, Cost-benefit research shows that for every dollar spent on SEL, there is an \$11 return on investment; and

WHEREAS, Research shows that investments in evidence based SEL programs can lead to improved educational achievement and long-term benefits to society; and

WHEREAS, Community members should be encouraged to learn about and share their knowledge of the importance and impact of integrating

evidence based SEL into our schools, organizations and community as our Nation progresses today; and

WHEREAS, It is imperative that there be greater public awareness of this serious issue, and more must be done to increase activity at the local, State, and national levels; now, therefore, be it

RESOLVED, That this Legislative Body pause in its deliberations to memorialize Governor Kathy Hochul to proclaim March 10, 2023, as Social Emotional Learning (SEL) Day in the State of New York in conjunction with International SEL Day; and be it further

RESOLVED, That a copy of this Resolution, suitably engrossed, be transmitted to The Honorable Kathy Hochul, Governor of the State of New York and SEL4NY.