

## 2023-K188

Assembly Resolution No. 188

BY: M. of A. Solages

MEMORIALIZING Governor Kathy Hochul to proclaim  
March 22-28, 2023, as Doula Week in the State of New  
York, in conjunction with the observance of World  
Doula Week

WHEREAS, It is the sense of this Legislative Body to memorialize  
Governor Kathy Hochul to proclaim March 22-28, 2023, as Doula Week in  
the State of New York, in conjunction with the observance of World Doula  
Week; and

WHEREAS, World Doula Week begins with World Doula Day on March 22nd  
which was chosen because it is the spring equinox, which represents the  
return of fertility in countless cultures; and

WHEREAS, The purpose of World Doula Week (WDW) is to empower doulas  
all over the world to improve the physiological, social, emotional, and  
psychological health of women, newborns and families in birth and in the  
postpartum period; and

WHEREAS, World Doula Week events will take place all over the world  
during the same week, stating the benefits of the presence of doulas in  
birth and in the postpartum period including reducing the incidence of  
c-sections; and

WHEREAS, The presence of doulas during labor and the postpartum

period are beneficial to the entire family by reducing the incidence of postpartum mood; and

WHEREAS, A doula may shorten the length of labor; reduce epidural and analgesic requests; increase breastfeeding initiation and continuation; increase mother's satisfaction of birth experience; and increase new parents' confidence in the care of their newborn; and

WHEREAS, It is the sense of this Legislative Body that when individuals, such as doulas, of such noble aims and accomplishments are brought to our attention, they should be celebrated and recognized by all the citizens of this great Empire State; now, therefore, be it

RESOLVED, That this Legislative Body pause in its deliberations to memorialize Governor Kathy Hochul to proclaim March 22-28th, 2023, as Doula Week in the State of New York, in conjunction with the observance of World Doula Week; and be it further

RESOLVED, That a copy of this Resolution, suitably engrossed, be transmitted to The Honorable Kathy Hochul, Governor of the State of New York.